**Module 1: Introduction to HIV/AIDS and Other STDs and Their Relationship to Teen Motherhood Cycle ID / Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Activity** | **Notes** |
| A: Warm-Up: Introduction and Overview |  |
| B: Creating Group Agreements |  |
| C: Program Introduction |  |
| D: Discussing HIV, AIDS and Teen Motherhood |  |
| E: “What I Think About HIV/AIDS, Other STDs and Safer Sex” |  |

**Module 2: Building Knowledge About HIV, AIDS and Unplanned Pregnancy**

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| **Activity** | **Notes** |
| A: “The Subject Is HIV” DVD |  |
| B: Myths and Facts About HIV, AIDS and Teen Pregnancy |  |

**Module 3: Understanding Vulnerability to HIV/STD Infection and Unplanned Repeat Pregnancy (Part 1)**

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| **Activity** | **Notes** |
| A: Warm-Up: Discussion and Overview |  |
| B: Goals and Dreams - Magic Box |  |
| C: Acknowledging the Threat of HIV and Other STDs |  |
| D: “He Said He Loved Me: A Portrait of Personal Vulnerability” and “Tanisha & Shay” DVDs and Discussion |  |

**Module 4: Understanding Vulnerability to HIV/STD Infection and Unplanned Repeat Pregnancy (Part 2)**

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| **Activity** | **Notes** |
| A: Warm-Up: Discussion and Overview |  |
| B: “Don’t Pass It Along” Transmission Game |  |
| C: HIV Risk Continuum Exercise – High, Some and No Risk |  |
| D: “Baby Talk” DVD and Discussion |  |
| E: Time Line/Life Plan Activity |  |

**Module 5: Attitudes and Beliefs About HIV, Other STDs and Safer Sex (Part 1)**

|  |  |
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| **Activity** | **Notes** |
| A: Warm-Up: Discussion and Overview |  |
| B: “The Subject Is STDs” DVD and Discussion |  |
| C: Calling Koko: Sexual Health Advice Hotline |  |
| D: Men Vs. Women: Sexual Politics |  |

**Module 6: Attitudes and Beliefs About HIV, Other STDs, Safer Sex and Contraception (Part 2)**

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| **Activity** | **Notes** |
| A: Warm-Up: Discussion and Overview |  |
| B: Why Be Concerned About Teen Pregnancy and Motherhood? |  |
| C: Birth Control Methods |  |
| D: Contraceptive Tic-Tac-Toe |  |
| E: Letter to My Baby |  |

**Module 7: Building Condom Use Skills**

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| **Activity** | **Notes** |
| A: Warm-Up: Introduction and Overview |  |
| B: Discussing Condoms |  |
| C: Condom Use Skills |  |
| D: How to Make Condoms Fun and Pleasurable |  |
| E: What Gets in the Way of Proud, Responsible and Protective Sexual Behavior? |  |
| F: Barriers to Condom Use |  |

**Module 8: Building Negotiation and Refusal Skills**

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| --- | --- |
| **Activity** | **Notes** |
| A: Warm-Up: Discussion and Overview |  |
| B: Using the STOP Technique/Roleplays/”Wrap It Up” Condom Negotiation |  |
| C: Reviewing Important Points for Talking with Partners about Condom Use or Abstinence |  |
| D: Talking Circle |  |