

IMPLEMENTING EVIDENCE-BASED PROGRAMS

IN THIS SECTION

Most of the documents associated with this section have not been copied into this PDF. These documents can be found at the links indicated below. Please print out any documents linked below for your binder.

1. [Readiness: Overview](#)
2. [Community Readiness](#) (overview and tools)
http://actforyouth.net/sexual_health/community/capp/readiness.cfm
3. [Implementation Handbook](#)
<http://actforyouth.net/resources/capp/implement-hb.pdf>
4. [Implementation Plan](#) (template)
<http://actforyouth.net/resources/capp/implement-plan-template.docx>
5. [Organizational Support Checklist](#)
<http://www.actforyouth.net/resources/capp/org-checklist.doc>
6. [Implementation Guidelines](#)
http://actforyouth.net/sexual_health/community/capp/ebp/implementation.cfm (scroll down)

Example: Be Proud! Be Responsible!
http://actforyouth.net/resources/capp/ebp_guidelines/impl-guide_bpbr.pdf
7. [Planning Tool for Creating Master Lists](#)
http://actforyouth.net/sexual_health/community/capp/ebp/adaptations.cfm (scroll down)

Example: Making Proud Choices, 2016 edition:
http://actforyouth.net/resources/capp/ebp_adaptations/adaptation_ml_mpc_2016.doc
8. [Contractor Guidance for Use of Incentives for Evidence Based Program \(EBP\) Participants](#)
<http://actforyouth.net/resources/capp/binder/incentives-guidance-0318.docx>
9. [Implementation Resources](#)

ADD TO THIS SECTION

- Your Implementation Plan
 - Your master lists

READINESS: OVERVIEW

The previous CAPP and PREP program initiative, active from 2011 to 2016, was the first time that providers across New York State were asked to use evidence-based programs in their teen pregnancy prevention efforts. Naturally, there were challenges along the way: programs that have been proven effective in controlled settings are not so easily transferred to real world settings. Since we started on this journey we have learned a lot about implementation and what it takes to do evidence-based programs well and with fidelity, staying true to the core components of the program. In this initiative, the New York State Department of Health and ACT for Youth are emphasizing *readiness*.

Readiness refers to the capacity and willingness to undertake new practices or programs. We distinguish three domains of readiness:

- **Educator readiness**: The capacity of educators to implement evidence-based programs with fidelity and quality. Educator readiness includes the ability to plan ahead and prepare for implementation; knowledge and comfort level with sexual health topics; familiarity with the online documentation system and youth surveys; and more.
- **Organizational readiness**: Organizational support for implementing evidence-based programs with fidelity and quality. Organizational readiness includes such things as ensuring adequate staffing; providing staff with the time and fiscal support for professional development, planning, and practice; preparing a solid implementation plan with new sites; and providing supervision.
- **Community readiness**: Support from community stakeholders and institutions for evidence-based programs in adolescent sexual health and for program implementation with fidelity and quality. Assessing readiness for change is critical: if a community is not ready to address an issue (such as teen pregnancy), or to support a specific intervention (such as an EBP), efforts to create change are not likely to be effective.

Each domain is addressed in *the Health Educator Supervisor Training*. Register for a user name and password at <http://bit.ly/capp-prep-online-training>.

IMPLEMENTATION RESOURCES

ACT FOR YOUTH WEBSITE

Community Readiness

Process and tools.

http://www.actforyouth.net/sexual_health/community/capp/readiness.cfm

EBP Implementation for CAPP and PREP

http://actforyouth.net/sexual_health/community/capp/ebp/implementation.cfm

We recommend that you review this entire section and its many tools.

EBPs Go to School: A Toolkit

<http://bit.ly/capp-prep-schools>

In this section we share templates for handouts and letters, an Attendance Toolkit, background on the school environment, notes on how EBPs link to NYS Health Education Standards, ways to adjust to classroom periods, and more.

CAPP and PREP Shared Resources

<http://bit.ly/capp-prep-shared>

Most of the resources and tools shared by your colleagues here have to do with EBP implementation.

ONLINE TRAINING

Implementing Evidence-Based Programs

While this training was designed for educators, we recommend it for Health Educator Supervisors also. Register for a user name and password at <http://bit.ly/capp-prep-online-training>