

Implementation Guidelines – Adult Identity Mentoring (Project AIM) (plus add-on session)

Implementation Factors	Recommended	Possible Adaptations
Program characteristics	-12 sessions (50 minutes each) plus 1 integrated add-on session → total 13 sessions -Developed to reduce sexual risk-taking behavior among low income youth	Annual license fee of \$2,000.00 (Other material costs including career game) Add-on session is required. Adaptation kit available through ACT COE*. Additional curricula available: Extended school edition (16 sessions) Spanish edition (12 sessions) http://www.chla.org/aim-service-center
Educator Requirements	-This is a licensed program. Facilitators have to be trained by a licensed training team -2 facilitators are needed to implement the program.	The ACT COE has two licensed trainers. They will be providing training and technical assistance.
Target audience	High risk youth (11-14) Originally evaluated with African American and Latino youth in 7 th grade	Middle school age
Group composition	-Mixed gender -Group size: 10-20 youth	
Setting	Youth friendly spaces such as recreation centers, out of school program sites -Can be done in school setting	In school settings lessons have to be adjusted to class periods Sample master list with adjustment to classroom periods is available at http://www.actforyouth.net/sexual_health/community/ca/pp/resources.cfm Developer offers an extended school edition (16 sessions) http://www.chla.org/aim-service-center
Delivery Timeframe	All sessions are taught twice a week over approximately 6 weeks	Attendance expectation:

		Youth have to attend at least 9 out 12/13 sessions. If a youth misses sessions 5 and 6, he or she must make up those sessions before moving on with the other lessons. This can be done in a one-on-one session with the facilitator.
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***Adaptation Kit:**

The ACT COE has worked with the developer to develop an add-on session and additional prompts to be included in other modules that addresses pregnancy, STD and HIV prevention strategies. This adaptation kit was updated in 2016. To obtain the adaptation kit please contact Jutta at jd81@cornell.edu