

## Implementation Guidelines – Be Proud Be Responsible Be Protective 3<sup>rd</sup> Edition (2016)

Implementation Factors	Recommended	Possible Adaptations
Program characteristics	Eight 60-minute modules; use of multiple videos (6)	
Educator Requirements	<ul style="list-style-type: none"> <li>-Educator needs to be skilled in interactive teaching strategies and guiding group discussions</li> <li>-Experience working with pregnant and parenting teens is beneficial</li> <li>-One educator is needed</li> </ul>	-Having a back-up educator is recommended
Target audience	<p>Pregnant and parenting female adolescents</p> <p>Originally evaluated with 78% Hispanic, 18% African American and 4% other females</p>	
Group composition	<ul style="list-style-type: none"> <li>-Small groups of 6 to 12 females</li> <li>-Grades 7-12</li> </ul>	<p>5-15 youth per facilitator</p> <p>Can be done with larger groups;</p> <p>Larger groups: for some activities the group should be divided into groups of 6-8 and brought back together for discussion and processing</p>
Setting	<p>Middle and High School Grades 7-12</p> <p>Originally evaluated in school Can be done in afterschool or other community- based settings</p>	If delivering the program in schools, modules have to be adjusted to classroom periods; it will require additional sessions. <b>Activities should not be dropped; sequence should not be changed.</b>
Delivery Timeframe	<p>8 sessions over one to eight days:</p> <ul style="list-style-type: none"> <li>- One day for approximately 8 hours</li> <li>- 2 days – 4 hrs per day</li> <li>- 4 days – 2 hrs per day</li> <li>- 8 days – one hour per day</li> </ul>	<p>Modules can be spread out over several days, but <b>the cycle should be completed within a 3 week period.</b></p> <p><b>Planning tip:</b> Learn the school calendar and use it to plan implementation.</p>