

Implementation Guidelines – Making Proud Choices (2016)

Implementation Factors	Recommended	Possible Adaptations
Program characteristics	Eight 60-minute modules; use of videos	Adaptations available: -MPC School Edition (14 modules) -MPC for Out-of-Home Youth Care (10 modules) http://www.etr.org/ebi/programs/making-proud-choices/
Educator Requirements	- Educator needs to be well-versed in interactive and participatory facilitation; comfortable working with youth -One educator is needed	Having a back-up educator is recommended
Target audience	Originally evaluated with African American youth, 11-13 -Can be delivered to diverse populations, ages 11-13	Can be used with older students (14-17); needs to be adjusted to knowledge and experience level*. However, older youth should not be grouped with younger youth (similar ages per group)
Group composition	-Small groups of 6 to 12 youth -Single or mixed gender groups	-Can be done with larger groups – this requires additional educators. -If done in classrooms with a teacher present, one educator can facilitate up to 25 students -Peer educators can be co-facilitators, but they need to be trained.
Setting	Originally evaluated in school in after school hours, 2 afternoons. Can be done in - Afterschool setting - Community-based setting - In-school setting	If delivering the program in schools, modules have to be adjusted to class periods; it will require additional sessions. Activities should not be dropped; sequence should not be changed. Samples for adjusted modules for longer or shorter classroom periods are available on the CAPP shared resources page.
Delivery Timeframe	8 hour curriculum: -2 four-hour sessions over two days -2 modules per day over 4 days -1 module per day over 8 days Should be delivered within 2 weeks	In schools the curriculum can be adjusted to classroom periods or block periods, but the cycle needs to be completed within a couple of weeks without larger breaks in between Planning tip: Learn and use the school calendar.

REMINDER

Please send all adaptation requests or adaptation master lists for review your ACT TA Provider

***Guidelines for using MPC with older youth (14-17)**

Learn about your older target group. What is their level of knowledge and experience? What have they covered so far in regard to reproductive health? Talk to their health educator, teacher, or other school staff who invited you to this particular class.