



HUDSON HEADWATERS HEALTH NETWORK

Date

School Contact
School Address

Dear

Hudson Headwaters Health Network and its Teen Awareness Group (TAG), is pleased to announce that two health education curricula have been purchased and will be made available to select school districts in Warren and Washington counties through funding from the New York State Department of Health, Comprehensive Adolescent Pregnancy Prevention grant. These curriculum packages, *Be Proud, Be Responsible!* and *Becoming a Responsible Teen (B.A.R.T.)* have been named as “Best Evidence-Based Interventions” by the Center for Disease Control and the NYS Department of Health, and align with the New York State Department of Education Health Education Learning Standards. Enclosed please find a grid developed by the New York Center for School Safety outlining the New York State Health Education Standards, and Performance Indicators, commencement level, as well as the Health Skills and Sub skills addressed and assessed.

The curricula addresses the knowledge, motivation and skills necessary to change adolescent behaviors in ways that will reduce the risk of sexually transmitted diseases and unplanned pregnancies. Learning goals include delaying initiation of sex among inexperienced youth, reducing unprotected sex among sexually active youth and helping teens to clarify their own values about sexual decisions and pressures. Module activities, videos, role plays and demonstrations are designed to be fun and interactive to increase participation and enhance learning.

Select school districts will have use of the curriculum packages including multimedia presentations materials and facilitators guides. In addition, the TAG staff will be available to provide implementation training, assistance in curriculum adaptation for implementation with fidelity, as well as training and assistance in activity and teaching strategies.

Hudson Headwaters and its TAG staff hope we can partner with your district in promoting and facilitating these evidence based, medically accurate and age appropriate programs which are abstinence based, comprehensive and promote sexual health and responsible decision making for our community youth. To review the complete curricula or to make further inquiry, please contact our office at (518) 761-0300.

Regards,

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Enclosed:

Curriculum Overview: *Be Proud! Be Responsible!* & *Becoming a Responsible Teen*
NYS Standards and Performance Indicator Grids

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