

PREP Only

PREP Webinar May 4, 2017

Agenda

- PREP Structure & Objectives
- Adulthood Preparation Resources
- Observation and Evaluation Requirements
- Questions?

PREP Objectives

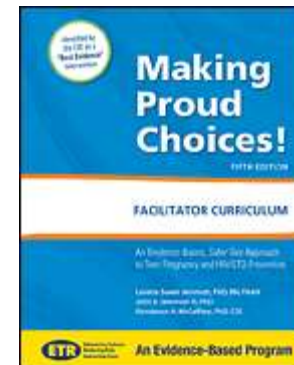
- Youth 10-19 (pregnant youth up to the age of 21)
- High need communities, special focus on youth in foster care, juvenile justice, homeless youth, youth living with HIV/AIDS and pregnant
- Focus: Educate adolescents on both abstinence and contraception to prevent pregnancy and STDs/HIV, and on at least three adulthood preparation subjects (using EBPs)
- Access to reproductive health care
- Responsive to LGBTQ youth
- Integrate trauma informed care principles

PREP Providers

- Chinese American Planning Council
- Community Health Care Network
- Planned Parenthood Hudson Peconic
- SUNY Downstate
- Children's Health & Research Foundation/Perinatal Network of Lower Hudson
- Mothers and Babies Perinatal Network
- Family Planning Services of South Central
- Children's Village/Inwood House

EBPs

- Be Proud Be Responsible
- Making Proud Choices
- Reducing The Risk
- Project AIM



Adulthood Preparation Topics

- Healthy Relationships
- Adolescent Development
- Financial Literacy
- Parent-child Communication
- Educational and Career Success
- Healthy Life Skills

Adulthood Preparation Resources

The screenshot shows the ACT Youth Center of Excellence website. The header includes the logo and the tagline "Your Online Source for Positive Youth Development". A navigation menu lists "Youth Development", "Adolescence", "Sexual Health", "Publications", and "About Us". A search bar is located in the top right. The main content area is titled "Building Skills for Adulthood" and includes a sub-header "Adulthood Preparation". A sidebar on the left lists various topics: "Healthy Development", "Parent-Child Communication", "Relationship Skills", "Healthy Life Skills", "Career Success", and "Financial Literacy". The main text discusses the importance of preparing young people for adulthood, mentioning that they should be able to talk with their parents, caregivers, or other adults they trust about challenges in their lives, including sexual health and identity. It also mentions that young people who are prepared for adulthood have the social skills to develop friendships, youth-adult partnerships, and intimate relationships. A photo of a young man wearing a white cap and a dark jacket is visible on the right side of the page.

ACT
YOUTH
CENTER OF EXCELLENCE

Your Online Source for Positive Youth Development

Search

Youth Development Adolescence Sexual Health Publications About Us

Home > Sexual Health and Development > Supporting Adolescent Sexual Health > Preparing Youth for Adulthood > Building Skills

Feature Section

Preparing Youth for Adulthood

Building Skills

Healthy Development

Parent-Child Communication

Relationship Skills

Healthy Life Skills

Career Success

Financial Literacy

Personal Responsibility Education Program (PREP): Adulthood Preparation

Federal and state grants now include PREP topics as part of a comprehensive strategy to prevent teen pregnancy and sexually transmitted infections. Grantees may be required to educate adolescents on at least three adulthood preparation subjects. Federal resources include:

Building Skills for Adulthood

Adulthood Preparation

How can we help young people prepare for adulthood? Creating and promoting developmental opportunities and supports for young people helps them avoid harmful behaviors and develop the competencies, confidence, values, and social connectedness they need to transition positively to adulthood. Skill-building areas include:

Healthy Development
Young people who are prepared for adulthood feel comfortable with their bodies, know how to take care of their bodies, have a sense of identity, are emotionally healthy, and understand the consequences of risk behaviors.

Parent-Child Communication
Young people who are prepared for adulthood are able to talk with their parents, caregivers, or other adults they trust about the challenges in their lives, including sexual health and identity. Parents who are equipped to prepare their children for adulthood understand adolescent development, including sexual development. They are knowledgeable about the challenges adolescents face and are open to talking with their children about sensitive topics.

Relationship Skills
Young people who are prepared for adulthood have the social skills to develop friendships, youth-adult partnerships, and intimate relationships. They understand the dynamics of healthy and unhealthy relationships and have the skills to deal with conflicts.

Healthy Life Skills

http://www.actforyouth.net/sexual_health/community/adulthood/

Training Requirements

Required Training

- Online Implementation Training (educators)
- Trauma Informed Care Training
- Training for licensed program (AIM)
- Provider Day

Recommended Training

- Supervisor Online Course
- Observation Training
- Community Readiness
- Facilitation Training
- Teaching Anatomy and Reproduction
- Positive Youth Development

Observation Requirements

By Supervisor: Observation of each
educator delivering EBP twice a year

By ACT COE: Observation of one
educator delivering EBP once a year



Evaluation Requirements

Important Reporting Dates

- March 31
- July 31
- September 30

Important Dates

- March 31
- July 31
- September 30
- All cycles completed by those dates need to be submitted by those dates

PREP Entry / Exit Surveys

- Required for all EBP cycles
- Voluntary for individual youth participants
- Completed via the Qualtrics Offline Survey app

PREP Entry / Exit Surveys

Procedures vary by session, setting,
& age of participants

- Entry given before any content
- Exit given after last EBP activity

- Use of entry varies by setting & age

Middle School Youth, youth under 14		
Venue	Entry survey	Exit survey
School-based setting		✓
Non-school setting	✓	✓

High School Youth, youth 14 and older		
Venue	Entry survey	Exit survey
School-based setting	✓	✓
Non-school setting	✓	✓

Pre-Administration Steps

- Purchase & set up tablets
- Obtain permission
 - Note additional requirements for NYC DOE schools
- Train educators to administer surveys

Obtaining & Documenting Permission

- **OUTSIDE of NYC DOE school:**
 - Discuss surveys with site administrator/principal
 - Send documentation of approval to COE
 - Send parent info/opt-out form (not required)
- **WITHIN NYC DOE schools:**
 - Survey-administering educators must be fingerprinted & on file with the NYC DOE IRB
 - Discuss surveys with principal
 - Obtain completed “approval to conduct research” form from principal
 - Send parent info/opt-out form

Resources

- Using the Online Reporting System (ORS)

http://www.actforyouth.net/sexual_health/community/capp/ebp/reporting.cfm

- Administering Entry / Exit surveys

http://www.actforyouth.net/sexual_health/community/capp/ebp/entry-exit.cfm

Evaluation Summary

August 2015 – July 2016

Implementation
Data

August 2015 – July 2016:

168 Cycles

3178 youth participants

Implementation Data

Youth:

90% conducted with youth in school

6% with youth in the juvenile justice system

2% with youth residing in institutions

Setting:

70% conducted in schools

19% in CBOs

7% in afterschool programs

Participants

47% Male

52% Female

Average age: 15

Entry Surveys

Level of Risk Data: Entry Survey only

Question	% of Youth	
	Yes	No
Do you intend to have sexual intercourse in the next 6 months?	41%	45%
Have you ever had sexual intercourse?	38%	48%
Have you ever been pregnant or gotten someone else pregnant, even if no child was born? *	6%	48%

* 186 youth (15%) did not respond to this question

Level of Risk
Data:
Entry
Surveys

Number of partners in the last 3 months:

- Zero: 21%
- One: 22%
- Two+: 10%

- No response: 47%

Sexual Behavior Data: Entry Surveys

When you had sexual intercourse in the past 3 months, how often did you or your partner use...	% of Youth	
	ALL or MOST of the time	SOME or NONE of the time
Birth Control	19%	23%
A Condom	23%	19%

Exit Surveys

Sexual Behavior Data: Exit Surveys

Would you say that the program has made you more likely, about the same, or less likely to...	% of Youth			
	More likely	The same	Less likely	Will abstain
Have sexual intercourse in the next 6 months	20	24	51	N/A
Use birth control	43	14	10	27
Use a condom	49	12	8	26

Program Experiences Exit Surveys

How often in this program...	% of Youth		
	ALL or MOST of the time	SOME of the time	LITTLE or NONE of the time
did you feel interested in program sessions and classes	69	18	8
did you feel the material presented was clear	71	10	4
did discussion or activities help you to learn program lessons	79	12	4
did you feel respected as a person	82	7	5
were you picked on, teased, or bullied in this program	13	4	77
did you have a chance to ask questions about topics or issues that came up in the program	73	13	10

Questions?