

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main title is centered in the middle of the slide.

IMPLEMENTING USING A TRAUMA INFORMED APPROACH

ACT FOR YOUTH

AGENDA

- REVIEW OF TRAUMA INFORMED APPROACH
- TRAUMA INFORMED APPROACH IN THE CLASSROOM
- INTRO TO WEBSITE AND TIPS SHEET FOR EBP'S


INITIAL TRAINING

- 1 DAY TRAINING
- DEFINED TRAUMA, ACES (ADVERSE CHILDHOOD EXPERIENCES) AND TRAUMA INFORMED CARE
- REVIEWED KEY PRINCIPLES OF A TRAUMA INFORMED APPROACH
- TALKED ABOUT THE POTENTIAL IMPACT ON DIRECT SERVICE PROVIDERS AND IDENTIFIED SELF-CARE STRATEGIES

FROM ASKING “WHAT’S WRONG WITH YOU?” TO “WHAT HAPPENED TO YOU?”



TRAUMA-INFORMED CARE/PRACTICE STRIVES TO:

- RECOGNIZE THE CENTRALITY OF TRAUMA
 - AVOID RE-TRAUMATIZATION
 - ENSURE AN ENVIRONMENT (AND INTERACTIONS)
CHARACTERIZED BY THE 6 GUIDING PRINCIPLES
- 



6 GUIDING PRINCIPLES OF TRAUMA-INFORMED CARE

- **SAFETY**
- **TRUSTWORTHINESS**
- **CHOICE**
- **COLLABORATION**
- **EMPOWERMENT**
- **CULTURAL, HISTORICAL AND GENDER CONSIDERATIONS**

IN THE SEX ED CLASSROOM

- HAVE EXPERIENCED OR ARE CURRENTLY EXPERIENCING ONE OF THE MANY SITUATIONS WE AIM TO PREVENT OR DETER THEM FROM
- MAY HAVE STUDENTS THAT ARE CHILDREN OF TEEN PARENTS OR PARENTS THEMSELVES
- STUDENTS WHO HAVE WITNESSED OR EXPERIENCED ABUSE
- YOUNG PEOPLE WHO ARE LIVING WITH HIV OR HAVE A FAMILY MEMBER THAT IS
- MORE GENERAL TALK RECENTLY WITH #METOO AND #TIMESUP CAMPAIGNS

IN THE SEX-ED PROGRAM

SAFETY

- *EDUCATOR IS FREE OF JUDGMENT*
- *USES INCLUSIVE LANGUAGE*
- *CREATES A SEX POSITIVE ENVIRONMENT*
- *STRUCTURE*



TRUSTWORTHINESS

- *CLEAR ABOUT WHAT YOU KNOW, AND DON'T KNOW*
- *MANDATED REPORTER STATUS*
- *INFORMATION IS ACCURATE AND UP TO DATE*

CHOICE

- YOUTH ARE CHOOSING TO PARTICIPATE
- USING “RIGHT TO PASS”
- IF THE SITE ALLOWS, YOUTH CAN LEAVE IF UNCOMFORTABLE



COLLABORATION

- HONOR GROUP AGREEMENTS, NOT ONLY THE AGREEMENTS, BUT THE PROCESS AS WELL
- TAKE BRAINSTORMS SERIOUSLY

EMPOWERMENT

- RECOGNIZE YOUTH AS THE EXPERTS OF THEIR OWN EXPERIENCES
- INTEGRATING DISCUSSIONS ON CONSENT WHEN POSSIBLE



HISTORICAL/CULTURAL/GENDER CONSIDERATIONS

- CONSISTENTLY STRIVE TO BECOME MORE CULTURALLY COMPETENT
- CHECK YOUR PRIVILEGES

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WEB SITE AND TIPS SHEET

[HTTP://WWW.ACTFORYOUTH.NET/SEXUAL HEALTH/COMMUNITY/CAPP/TRAUMA.CFM](http://www.actforyouth.net/sexual_health/community/capp/trauma.cfm)