

# Welcome to the New CAPP & PREP Initiatives!

ACT for Youth Center of Excellence

Webinar

February 7, 2017

# Objectives

- Role of the ACT for Youth Center of Excellence
- CAPP and PREP Providers
- CAPP: Structure and goals
- PREP: Structure and goals
- Technical Assistance approach & assignments
- Online reporting system
- Website & Learning Communities

# CAPP and PREP Structure

NYS Department of Health  
Adolescent Health Unit

## ACT for Youth Center of Excellence

*BCTR, Cornell University  
Cornell University Cooperative Extension, NYC  
University of Rochester Medical Center  
Ulster BOCES*

Director: Jane Powers

### Evaluation

Mandy Jenny  
Brian Johanna  
Dora Sara

### Technical Assistance

Jutta Heather  
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Divine

Communications: Karen

Research Synthesis: Mary

Administrative Coordinator: Amy

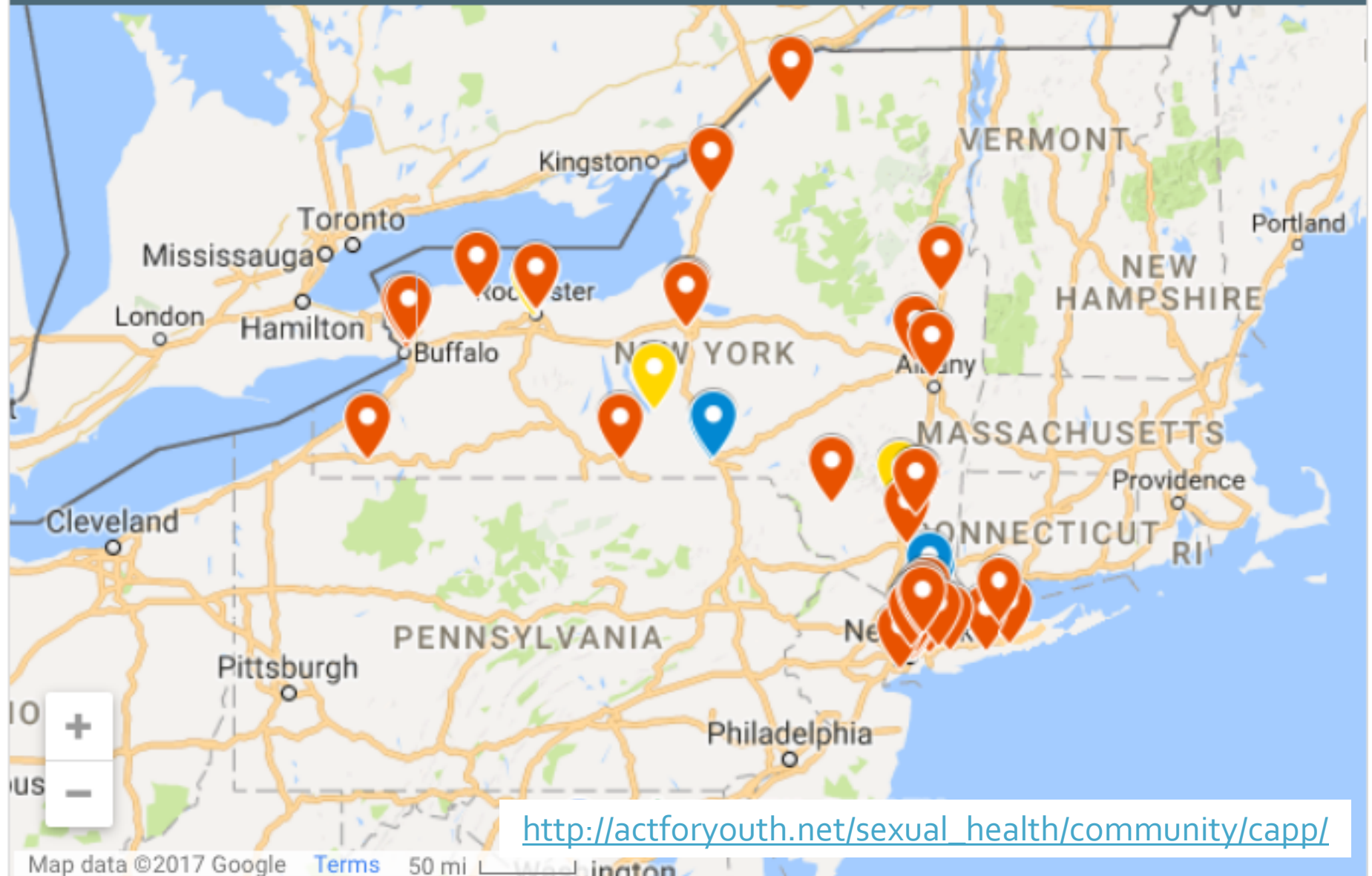
Medical Resources: Dr. Taylor Starr

48 CAPP  
Providers

8 PREP  
Providers



CAPP, PREP, and ACT COE ☆



[http://actforyouth.net/sexual\\_health/community/capp/](http://actforyouth.net/sexual_health/community/capp/)

# CAPP Component 1

## Mandatory (46 CAPP Providers)

- Implement Sexuality Education (EBPs), youth 10-21
  - 100% of youth will complete 75% of program
  - All planned adaptations approved by ACT COE
  - All health educators complete online implementation training and attend monthly webinars
  - All educators are observed twice a year during implementation of EBP
- Ensure access to confidential reproductive health and family planning services

## Optional

- Implement evidence-based or best practice parent education strategies

# CAPP Component 2

## 18 CAPP Providers

- Increase supports to address special needs of adolescents
  - Number of referrals for reproductive health and other essential support services
- Increase percentage of adolescents who live in supportive and cohesive communities
  - Create opportunities for youth (foster development and well-being)
  - Potential strategies: Service learning, mentoring, healthy relationship training, youth as advocates...

# PREP

## 8 Providers

- Youth 10-19 (pregnant youth up to the age of 21)
- High need communities, special focus on youth in foster care, juvenile justice, homeless youth, youth living with HIV/AIDS and pregnant
- Focus: Educate adolescents on both abstinence and contraception to prevent pregnancy and STDs/HIV, and on at least three adulthood preparation subjects (using EBPs)
- Responsive to LGBTQ youth
- Integrate trauma informed care principles

## EBPs in Use

- Be Proud Be Responsible, 2012 and 2016
- Making Proud Choices, 2011/12 and 2016
- Be Proud Be Responsible Be Protective
- Cuídate
- Reducing the Risk

### Licensed Programs

- Project AIM
- Teen Outreach Program (TOP)



## Defining Technical Assistance

A collaborative, relationship-based model of assistance and support designed to identify, select, or develop research-based solutions to address problems, needs, and goals.

- ★ Proactive TA
- ★ Responsive TA

# Proactive TA

## CAPP Training

### Mandatory

- Community Readiness
- TOE for licensed programs

### Optional

- TOEs
- Facilitation
- Observation training for supervisors
- Anatomy and Reproduction
- PYD

## PREP Training

### Mandatory

- Trauma informed care
- TOEs for licensed programs

### Optional

- TOEs
- Facilitation
- Anatomy and Reproduction
- PYD

Each CAPP and PREP Provider has  
an assigned TA/Evaluation contact

TA Structure

TA Guidance Document



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Children's Aid Society  
EOC Suffolk  
LIGALY  
North Country Perinatal  
PP Nassau County  
Research Foundation Stony Brook  
Steven/Alexandra Cohen (LIJ)  
Urban Health Plan  
Chinese American Planning  
Council (PREP)  
PP Hudson Peconic (PREP)



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AIDS Community Resources  
MISN  
Mount Sinai  
NYCHHC Harlem  
PP Southern Finger Lakes  
REACH CNY  
Safe Horizon  
St Lawrence County Health  
Sunset Park Health Council (Lutheran)  
Child Center  
Children's Health and Research (PREP)



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Hudson Headwaters  
Hudson River Healthcare  
Mosholu Montefiori Community Center  
PP Mid-Hudson Valley  
PP Mohawk Hudson  
PP NYC  
Sullivan County BOCES  
Upper Hudson PP  
Mothers & Babies Perinatal Network  
(PREP)



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ACQC  
Bronx Works  
CAMBA  
Center for Community Alternatives  
Community Healthcare Network  
Diaspora  
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Inwood House  
NY Foundling  
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Community Healthcare Network (PREP)  
Research Foundation Downstate (PREP)



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Buffalo Federation  
City of Mount Vernon  
City of Rochester  
Community Action Orleans & Genesee  
NACS  
NY Presbyterian  
PP Central Western 1 - Buffalo  
PP Central Western 2 - Rochester  
Syracuse Model Neighborhood  
Wildlife Conservation Society  
YWCA Jamestown  
Family Planning SCNY (PREP)



## Next Steps

- TA Needs Assessments
- Community Readiness Training
- Provider Days 2017

## Training Calendar

[http://www.actforyouth.net/sexual\\_health/community/capp/calendar.cfm](http://www.actforyouth.net/sexual_health/community/capp/calendar.cfm)

# Evaluation



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## Approach: A focus on implementation

- What happened in the program?
- Was the program implemented as planned?
- What adaptations were made?

“Who got how much of what?”

## Evaluation

### Youth Surveys: Short-term outcomes

- Changes in attitudes, perceived self-efficacy, & behavioral intentions
- PREP: **Required** with every cycle
- CAPP: Strategic sample of cycles

Evaluation

HOW CAN PROGRAM IMPLEMENTATION  
BE IMPROVED?



# Comprehensive Adolescent Pregnancy Prevention (CAPP)

Logged in as ACT For Youth

## Tips for best user experience:

Use one of these browsers:

- Internet Explorer
- Edge
- Chrome
- Safari

Firefox is NOT supported

Do NOT use your browser's "back" button, use only the navigation displayed on the web site.

To cut/copy/paste, use your browser's Edit menu, OR use keyboard shortcuts. Right clicking will not work for cut/copy/paste.

This web site requires a consistent Internet connection. If your speeds are variable, you may experience pauses as data is passed to and from the server.



Start a new EBP cycle



Update an existing EBP cycle



View or correct submitted cycles



Organizations

## Definitions:

A cycle is a complete implementation of an EBP (all modules) with a unique group of youth participants. Implementation data must be reported for each cycle.

## Reminders:

-Record the unique cycle name you create; you will need this to find and enter additional information about the cycle.

-Implementation data need to be submitted within two weeks of the end of a cycle.

More details March 7<sup>th</sup>!

[http://www.actforyouth.net/sexual\\_health/community/capp/reporting.cfm](http://www.actforyouth.net/sexual_health/community/capp/reporting.cfm)

# Electronic Survey Collection

Thank you very much for taking this survey. Please answer all the questions as honestly as you can. Your responses will be kept totally confidential. There are no right or wrong answers!

How likely are you to do each of the following?

	Very Unlikely	Unlikely	Likely	Very Likely
Have sex in the next 3 months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use a condom <u>if you have sex</u> in the next 3 months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use birth control (other than a condom) <u>if you have sex</u> in the next 3 months?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In the future how EASY OR HARD will it be for you to do each of the following:

	Very Hard	Hard	Easy	Very Easy
Say "no" to sex?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use a condom when you have sex?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use birth control (other than a condom) when you have sex?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Find a place to get tested for STD/HIV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get tested for STD/HIV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get your partner to not have sex, even if your partner wanted to?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Get your partner to use a condom, even if your partner did not want to?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Preview

- Website changes
- New Blog: The Hub!

<http://www.actforyouth.net/>



[Return to ACT COE website](#)



## The Hub!

January 25, 2017

[Leave a comment](#)

[Edit](#)

Welcome to **The Hub!**, the blog of CAPP and PREP providers in New York State. Here the ACT for Youth Center of Excellence (ACT COE) will discuss tools, hot tips, and resources to help you meet your goals. Please comment, post your questions, and share your ideas here too! From time to time we will share guest posts from providers

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### SEARCH BLOG



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### RECENT POSTS





Questions?