Making Proud Choices Virtual Implementation

Module 3 Script

Attitudes About Sex, HIV & Condom Use

Slide 1:

This is the third module and it’s called Attitudes about Sex, HIV and Condom Use. In this module, you will learn more about HIV transmission, prevention, and risky behaviors. You will also have an opportunity to give advice using what you will learn regarding HIV and safer sex strategies. There are two activities in this module. In the first, there will be some brainstorming, a video, and responsive questions. In the second, there will be a group activity.

Slide 2: First, we are going to watch the video [Why Use a Condom?](https://www.youtube.com/watch?v=N7_PT8LoCsc&feature=youtu.be) During the video, please listen for more information on the previous topics - body fluids, transmission, methods, reasons for choosing - as well as information on how to identify possible risky behaviors.

*Click on video link*

*Slide 3:* Let’s discuss the following questions

Slide 4: Now let’s watch another video. Please take notes for yourselves about the people sharing their stories.

S*lide 5: Have students answer discussion questions*

*Slide 6: Review take away points.*

**Activity B:**

*Prior to beginning this activity, it would be helpful to have students pre-assigned to break out groups. You will also have to decide how the breakout groups will have their scenarios with them in the room.* You can have students take pictures of the slide with the scenario, have them write it on a piece of paper or copy it into the chat.

*Depending on the number of students and groups, you can adjust the number of scenarios each group does.*

Slide 7:

This group activity is a chance to practice solving HIV-related problems as a way to improve your ability to safely resolve risky situations and behaviors. I will randomly place you in groups that will meet in breakout rooms. First, let’s go over the necessary information as a class.

Slide 8:

Based on what you have learned so far, you will give advice to someone who has questions about HIV, AIDS or condoms.

In this activity, you will take the role of Koko, the expert on HIV, AIDs and condoms, who has an HIV Information Hotline called Calling Koko. You will provide the solution to the concerns of one of these callers.

*Slides 9-14 have the scenarios written out. Assign one to each group*.

Slide 9:

**Scenario #1**

I’ve heard that young people are at risk for HIV and the number of HIV cases among young people is growing. What’s the surest way I can protect myself?

Slide 10:

**Scenario #2**

My girlfriend and I have been going out for a year. We really love each other, and both want to have sex. I trust her, but I’m concerned about HIV.

My girlfriend and I are 14 years old, and neither of us has tattoos, and we don’t use drugs. We’ve been thinking about having sex, but only with each other. Do we have to worry about HIV?

Slide 11:

**Scenario #3**

Five months ago, I had sex with someone for the first time. We didn’t use condoms. I didn’t really enjoy it, and he never even called me again.

Now I have a new boyfriend and he wants me to have sex, too. Is it possible that I might have been exposed to HIV when I did it before? Now, I’m anxious that I might be infected with HIV. What do I tell my boyfriend? What should I do?

Slide 12:

**Scenario #4**

I am 15 years old, and my girlfriend and I have never had vaginal sex. We do other things, though, including oral sex. Before, we just wanted to make sure that she didn’t get pregnant.

We had never really thought about infections like HIV. But, now I hear that teens my age are getting sexually transmitted diseases. Is oral sex safe? How do we protect ourselves from STDs?

Slide 13:

**Scenario #5**

I recently found out that a friend of mine is HIV positive and that she’s had the virus for years. She’s smart, fun to be around and has only had sex with two guys her whole life.

Now I’m afraid to be with anyone because if someone like her can get HIV, how can I know who’s safe and who isn’t? If she has HIV, then anyone could get it! I’m scared to date! What should I do?

Slide 14:

**Scenario #6**

I’m a senior this year and plan to go to college, but I did something the other night that was really stupid. I had a couple of beers and then somebody handed me a joint. Everyone else was smoking, too. It was powerful stuff! I had never used drugs before.

The next thing I knew I was in the bedroom with this basketball player I kind of had a thing for. We ended up having sex, and I don’t even know if we used protection, because I was so high that I forgot to ask. I heard he does this type of thing a lot.

Now he barely even speaks to me. I’m afraid that I could have gotten pregnant or infected with an STI like HIV. What should I do?

Slide 15:

As a group, you will discuss and decide on your advice. One person will write down and share out the advice you would give to the caller. Group members may unmute or chat to share. Your final decision should be one that your group can agree on. Remind the callers that they can make proud and responsible choices.

Groups will have 5-7 minutes to prepare. Are there any questions?

*Assign students to rooms. Take time to pop into breakout rooms to check on group progress. Give them a 60 second warning before time is up.*

Slide 17:

Okay everyone, we are all back in the larger group and it’s time to share out what advice you would give for your scenario. We will go in order. After the group gives their response I encourage the rest of you to chat in additional information that could be helpful if the group didn’t already include it. I will read out the information from the chat.

*Have student read their scenario out loud as you share the slide.*

**Scenario 1**, you will go first.

I’ve heard that young people are at risk for HIV and the number of HIV cases among young people is growing. What’s the surest way I can protect myself?

*Make sure the following are addressed:*

*The surest protection is abstinence.*

*If you choose to have sex, you must use a latex condom.*

*Don’t share needles or works.*

Does anyone have any questions about this scenario?

**Scenario 2**, you’re next.

My girlfriend and I have been going out for a year. We really love each other, and both want to have sex. I trust her, but I’m concerned about HIV.

My girlfriend and I are 14 years old, and neither of us has tattoos, and we don’t use drugs. We’ve been thinking about having sex, but only with each other. Do we have to worry about HIV?

*Make sure the following are addressed:*

*Commitment in a relationship is not always an effective form of protection.*

*Safer sex will reduce your risks of pregnancy, HIV and other STIs.*

*Talk to your partner about condoms.*

*Use latex condoms every time you have sex.*

Does anyone have any questions about this scenario?

**Scenario 3,** you’re up.

Five months ago, I had sex with someone for the first time. We didn’t use condoms. I didn’t really enjoy it, and he never even called me again.

Now I have a new boyfriend and he wants me to have sex, too. Is it possible that I might have been exposed to HIV when I did it before? Now, I’m anxious that I might be infected with HIV. What do I tell my boyfriend? What should I do?

*Make sure the following is addressed:*

*Get tested for HIV now, and again in 6 months.*

*If the test is positive, seek medical help immediately.*

*Avoid future risk of infection by using a latex condom every time you have vaginal, oral or anal sex.*

Does anyone have any questions about this scenario?

**Scenario 4** is next.

I am 15 years old, and my girlfriend and I have never had vaginal sex. We do other things, though, including oral sex. Before, we just wanted to make sure that she didn’t get pregnant.

We had never really thought about infections like HIV. But, now I hear that teens my age are getting sexually transmitted diseases. Is oral sex safe? How do we protect ourselves from STDs?

*Make sure the following is addressed:*

*Oral sex can transmit STIs, including HIV.*

*Practicing safer sex can protect you against pregnancy, HIV and other STIs.*

*Other things can lead to intimacy and orgasm without risking getting pregnant, or infected with HIV or another STI.*

Does anyone have any questions about this scenario?

**Scenario 5,** your turn.

I recently found out that a friend of mine is HIV positive and that she’s had the virus for years. She’s smart, fun to be around and has only had sex with two guys her whole life.

Now I’m afraid to be with anyone because if someone like her can get HIV, how can I know who’s safe and who isn’t? If she has HIV, then anyone could get it! I’m scared to date! What should I do?

*Make sure the following is addressed:*

*You can’t tell if a person has HIV by looking.*

*Look for a relationship, not a sexual partner.*

*If you decide to have sex, use a latex condom every time.*

Does anyone have any questions about this scenario?

**Scenario 6,** you are the last to go.

I’m a senior this year and plan to go to college, but I did something the other night that was really stupid. I had a couple of beers and then somebody handed me a joint. Everyone else was smoking, too. It was powerful stuff! I had never used drugs before.

The next thing I knew I was in the bedroom with this basketball player I kind of had a thing for. We ended up having sex, and I don’t even know if we used protection, because I was so high that I forgot to ask. I heard he does this type of thing a lot.

Now he barely even speaks to me. I’m afraid that I could have gotten pregnant or infected with an STI like HIV. What should I do?

*Make sure the following is addressed:*

*Get tested for pregnancy, STIs and HIV.*

*Resist peer pressure to drink alcohol or do drugs. Alcohol and drugs affect your decision making, and you may end up doing things that you regret.*

*Use latex condoms if you decide to have sex.*

Does anyone have any questions about this scenario?

Great job supplying specific ways to address risky behaviors!