

Developmental Timeline Event Cards Checklist

The following is the list of 61 life event cards that can be used in the Developmental Timeline activity. Choose 40-50 for use in this activity. You need a good mixture of events that span the lifespan, focus on adolescent and young adult development and provide events that are influenced by external factors. The goal is that each participant have at least 2 event cards to post on the timeline.

- Walk for the first time
- First kiss **(DUPLICATE)**
- First kiss **(DUPLICATE)**
- First friend
- Curiosity about body differences
- Sense of being male or female
- First exposure to sex education
- Takes interest in how they look **(DUPLICATE)**
- Takes interest in how they look **(DUPLICATE)**
- First sex-related question to parent(s)
- Entry into school
- First time feeling independent
- Sense of self as a sexual being
- Calls someone their "girl or boy friend"
- Awareness of attraction to opposite, same or both sexes)
- Change in relationship with parents
- Spends time alone with friends (w/ out parents)
- Growth spurt
- Looks awkward
- Pubic hair
- Wet Dreams (Nocturnal Emissions)
- First bra purchase
- First exposure to sex education
- First time seen/ treated as sex object
- First cell phone
- First job
- First drink of alcohol
- Worries – am I normal?
- Wants privacy

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- Self focused
- Questions parent's authority
- Able to think about thinking
- Argues a lot
- Tries on a new role
- Able to see someone else's perspective
- Buys first condom
- First intercourse (DUPLICATE)
- First intercourse (DUPLICATE)
- First serious romantic relationship
- Fully grasps the concept of love
- First time drives a car
- First time living independently (DUPLICATE)
- First time living independently (DUPLICATE)
- Can see many right answers to a problem
- Feels "in between"
- First pregnancy
- Birth of first child
- End of schooling (DUPLICATE)
- End of schooling (DUPLICATE)
- First time living with romantic partner
- First vote
- Makes own choice about education
- First career
- First credit card
- Financially independent
- Enters into the military
- Marriage
- Takes on first mortgage
- Acts as primary care-taker for parents
- Retires
- Death