

# Adolescent Health

# Adolescent Health Unit (AHU)

To expand primary prevention efforts aimed at decreasing the incidence of adolescent pregnancy, reducing the risk of initial and repeat pregnancies, STDs and HIV/AIDS rates among adolescents and to more effectively address racial, ethnic, and geographic disparities that are related to adolescent health outcomes



Comprehensive Adolescent Pregnancy  
Prevention

**CAPP**

Personal Responsibility Education Program

**PREP**

**AHU**

Successfully Transitioning Youth to  
Adolescents

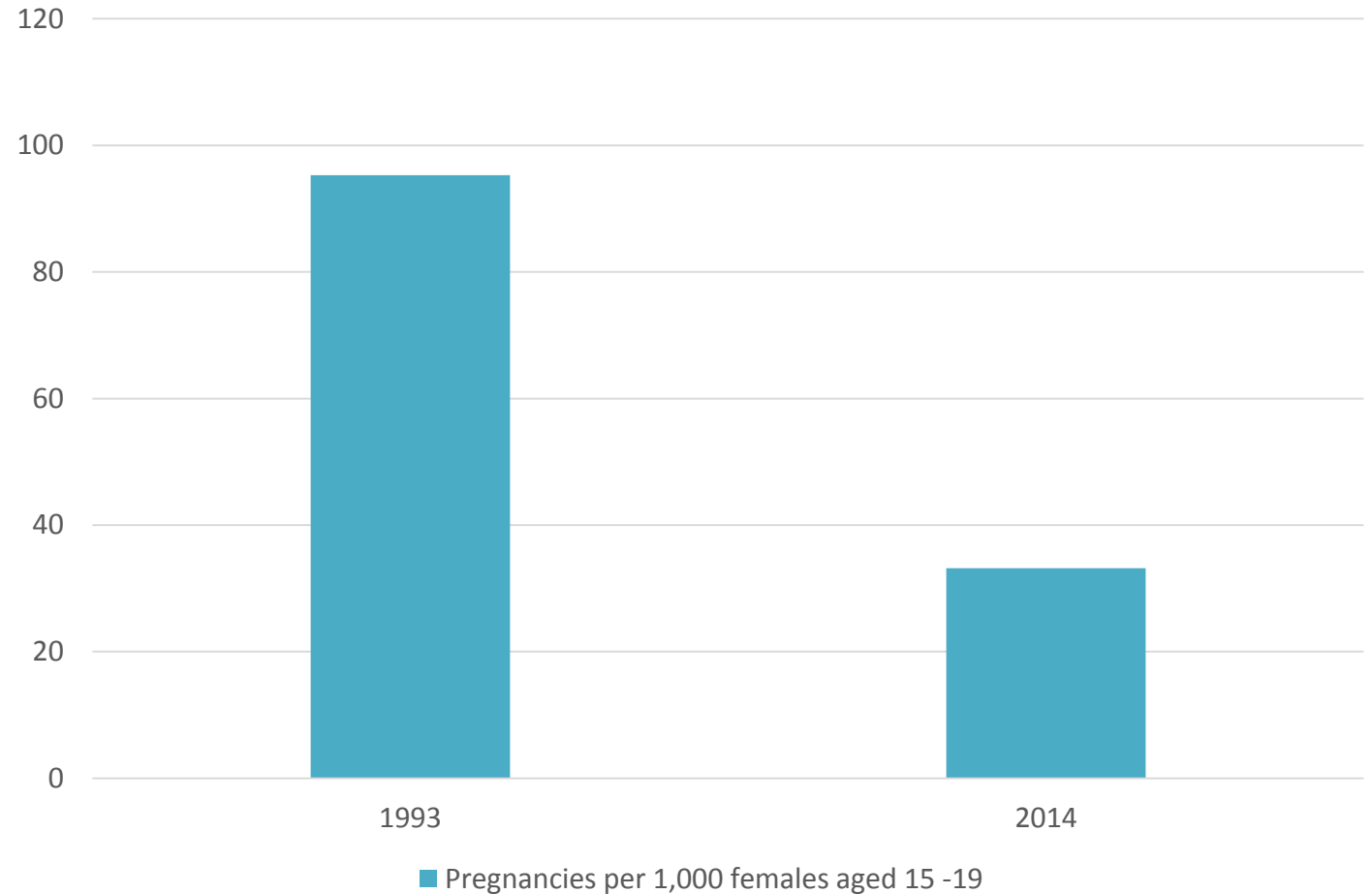
**STYA**

Assets Coming Together for Youth Center  
of Excellence

**ACT COE**

# New York is a leader in pregnancy prevention

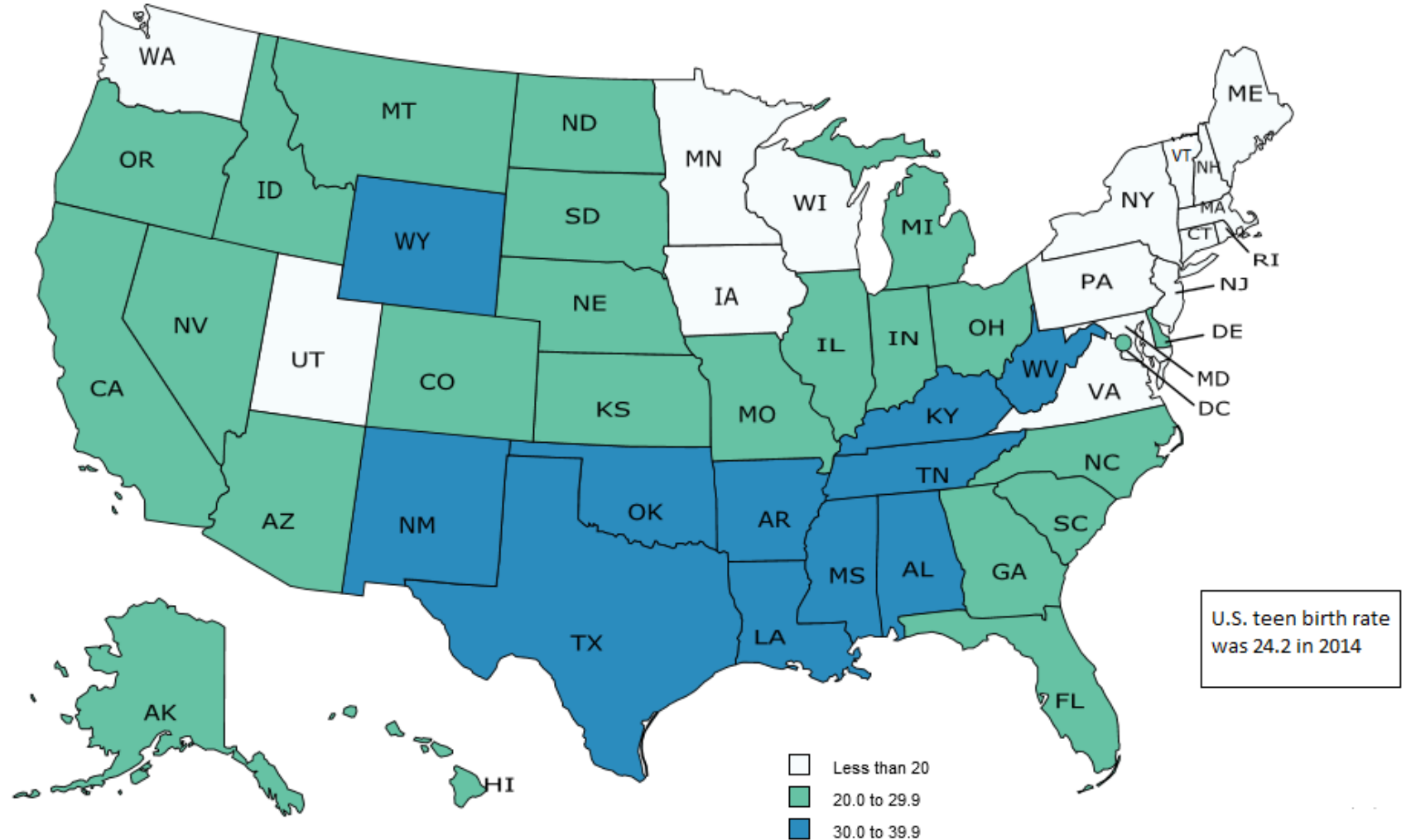
- New York State's teen pregnancy rate has **declined by 61%** from its peak in 1993
- Decline in teen pregnancy rates represents a key Public Health success of the 21<sup>st</sup> century



# How is New York Doing?

- New York is ranked 43 out of 51 states on final 2014 teen birth rates among females aged 15 -19.

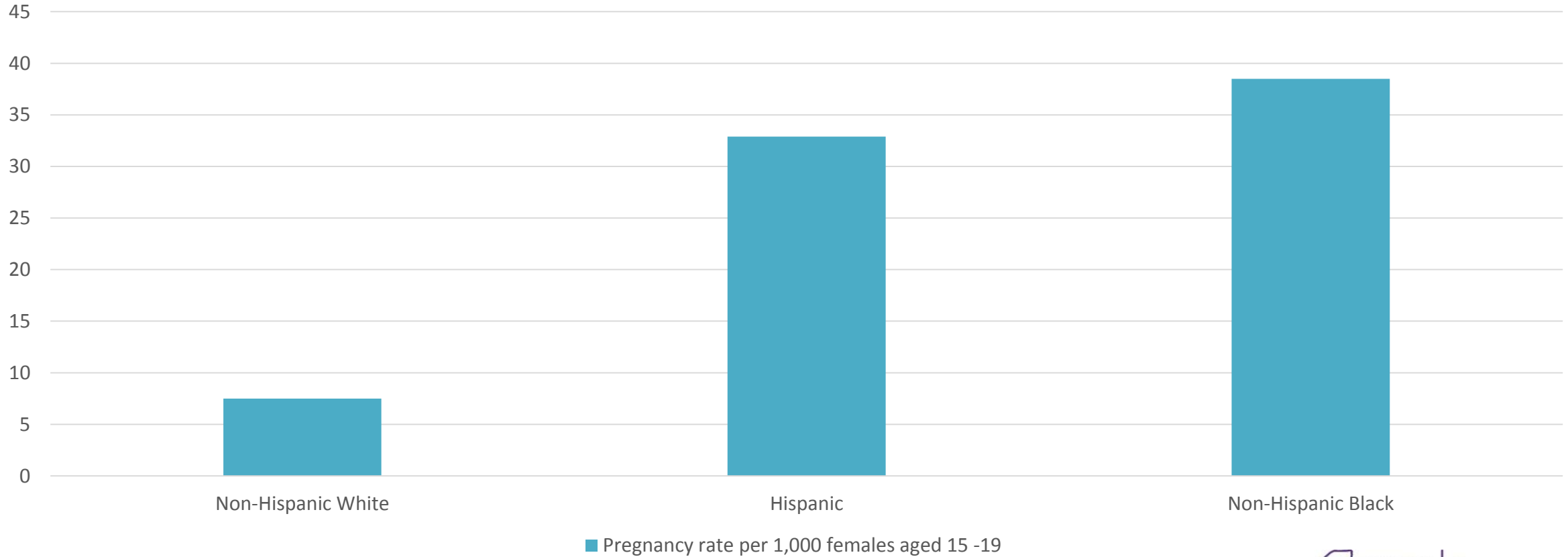
Figure 2: Teenage birth rates for 15 – 19 year olds by state, 2014



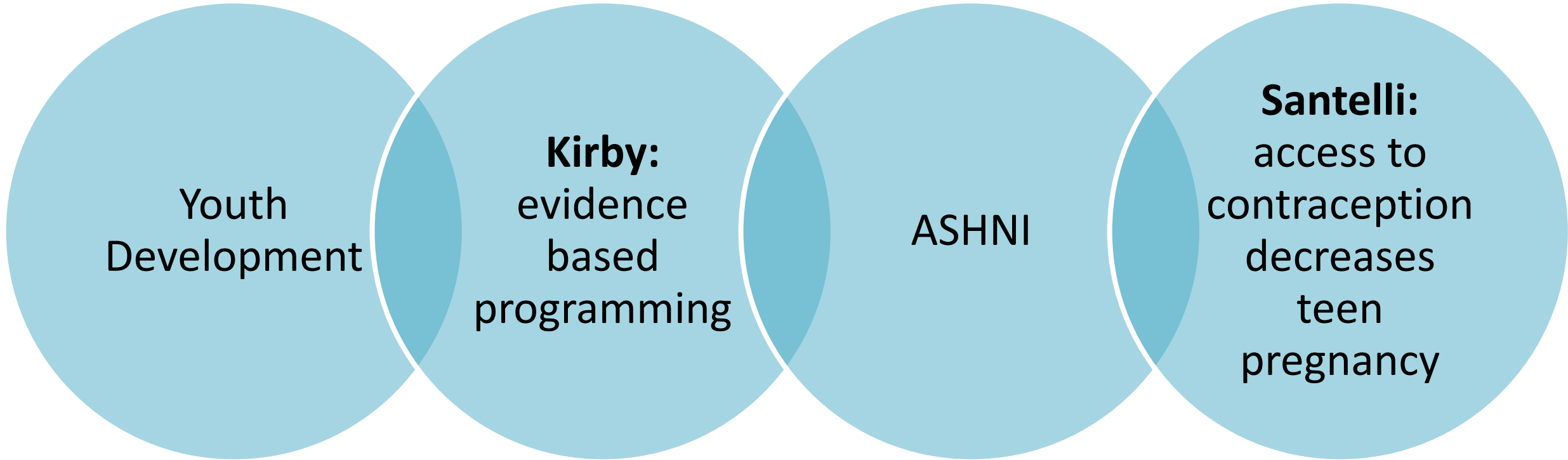
Source: Martin, J. A., Hamilton, B. E., Ventura, S. J., & Osterman, M. J. K. S.C., & Mathews, T.J (2015). *Births: Final data for 2014*. Hyattsville, MD: National Center for Health Statistics.

# Inequities Persist

2014 Pregnancy rate per 1,000 females aged 15 -19



# Framework for Programming



# Adolescent Priority Populations

- Youth populations, ages 10 – 21 that lack social and economic opportunities to enable them to develop to their full potential.
  - Racial/ethnic minorities
  - All youth from socioeconomically disadvantaged communities, and/or otherwise have special circumstances:
    - Youth living in foster care
    - Youth who identify as lesbian, gay, bisexual, transgender, and questioning
    - Youth who are homeless
    - Youth involved in the juvenile justice system



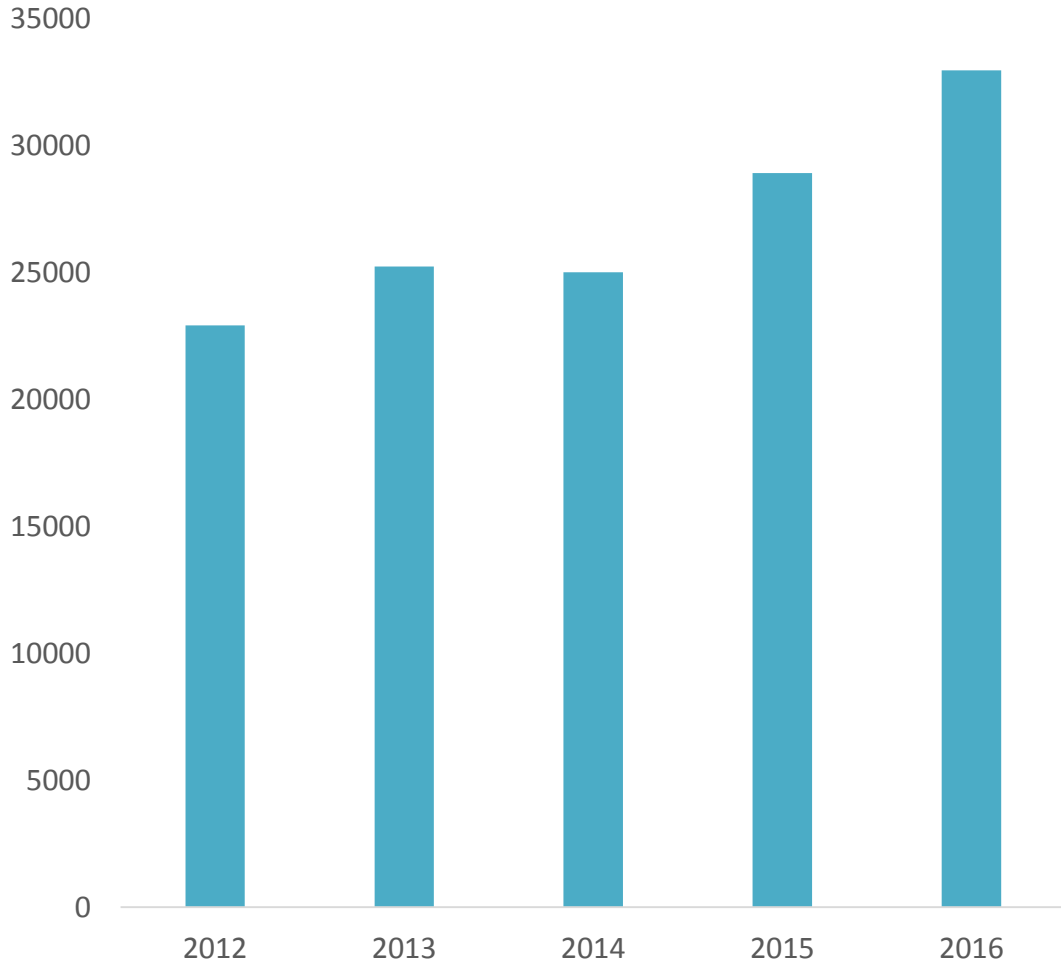
# CAPP & PREP: History of Success



- From 2011 – 2016 NYSDOH funded **58** providers across New York State through the CAPP and PREP initiatives.
- Providers were funded to implement comprehensive, **evidence-based**, developmentally-appropriate sexual health education to youth ages 10 – 21 in NYS.

# CAPP & PREP: History of Success

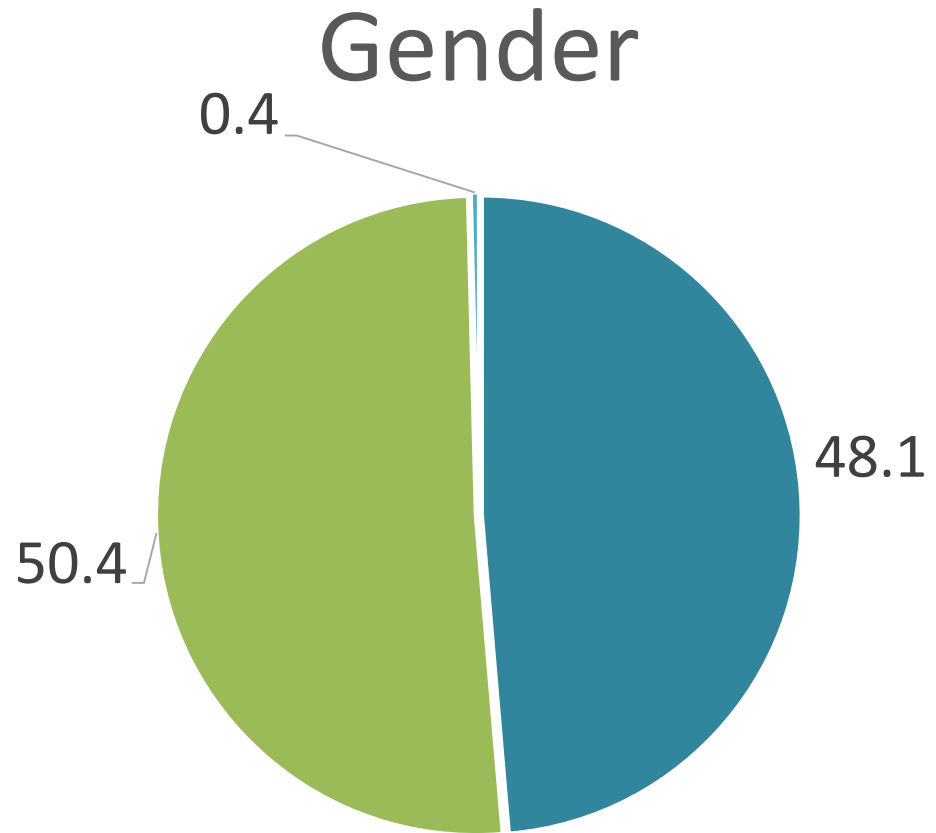
Number of Youth Reached



From January 2012 – December 2016  
CAPP & PREP providers completed:

**7757 EBP** cycles  
which reached over  
**135,000 youth** in New York State

# CAPP & PREP: History of Success

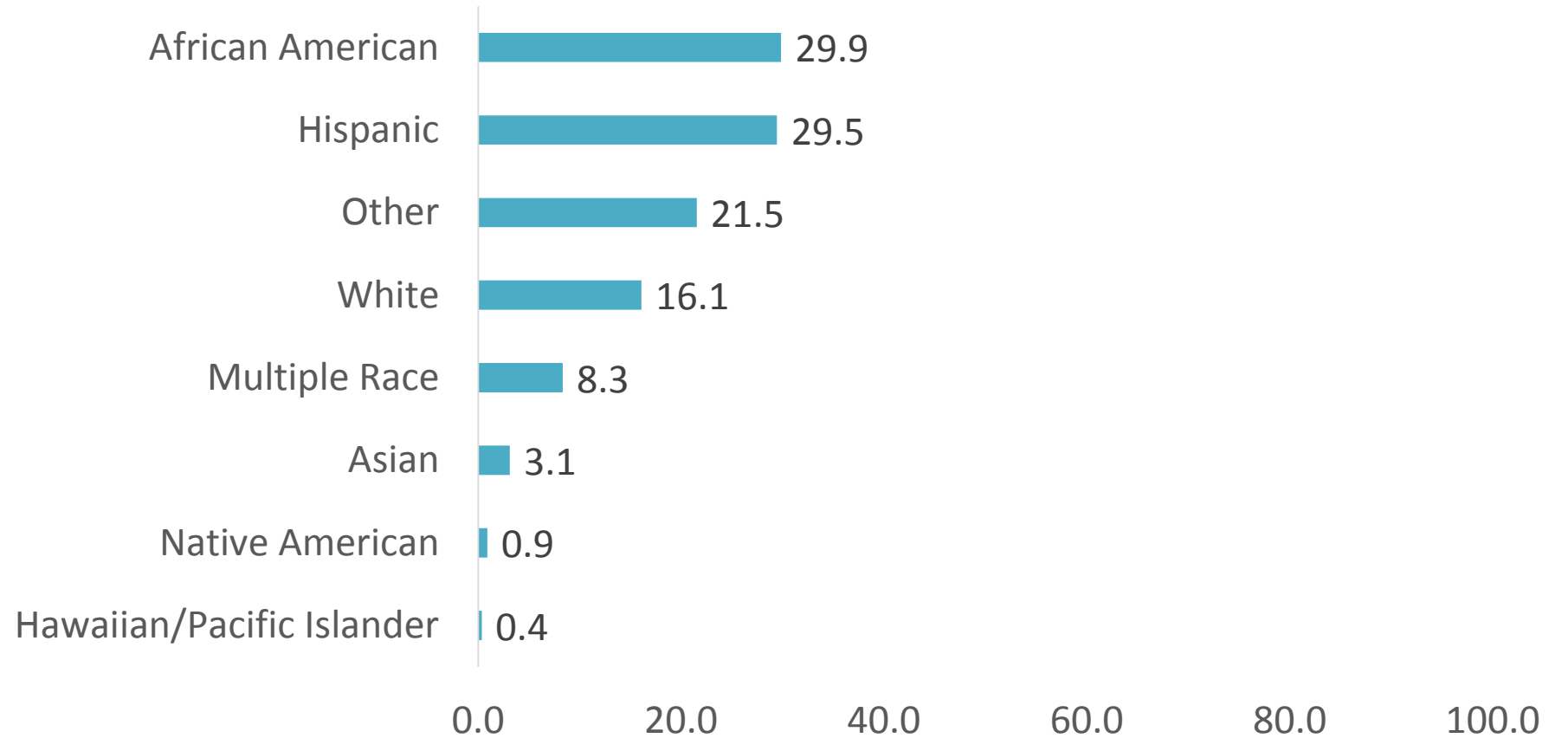


Participant ages ranged from 10 – 21, with a mean age of **14.9 years**

■ % Male ■ % Female ■ % Transgender

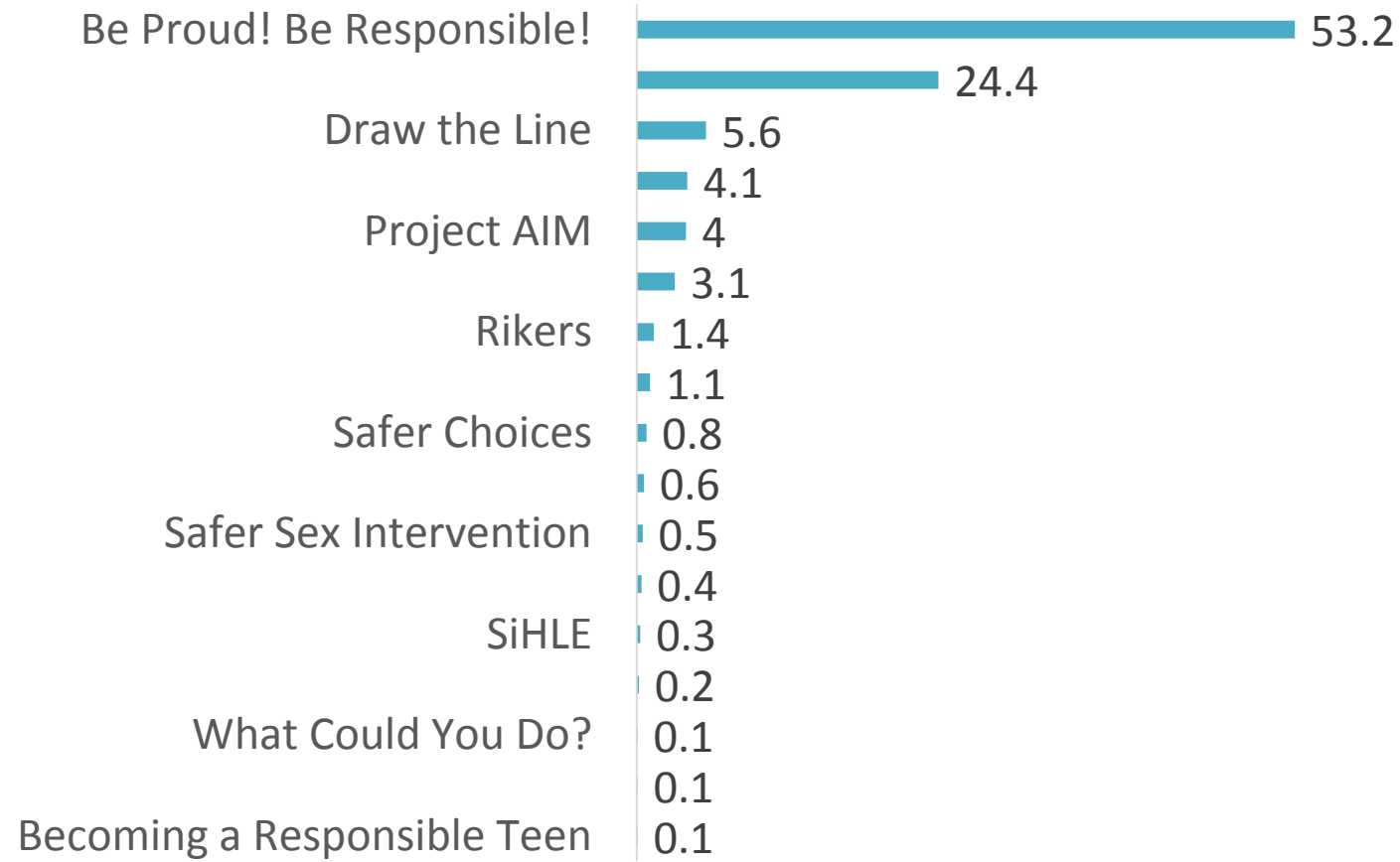
# CAPP & PREP: History of Success

Most participants were African American or Hispanic



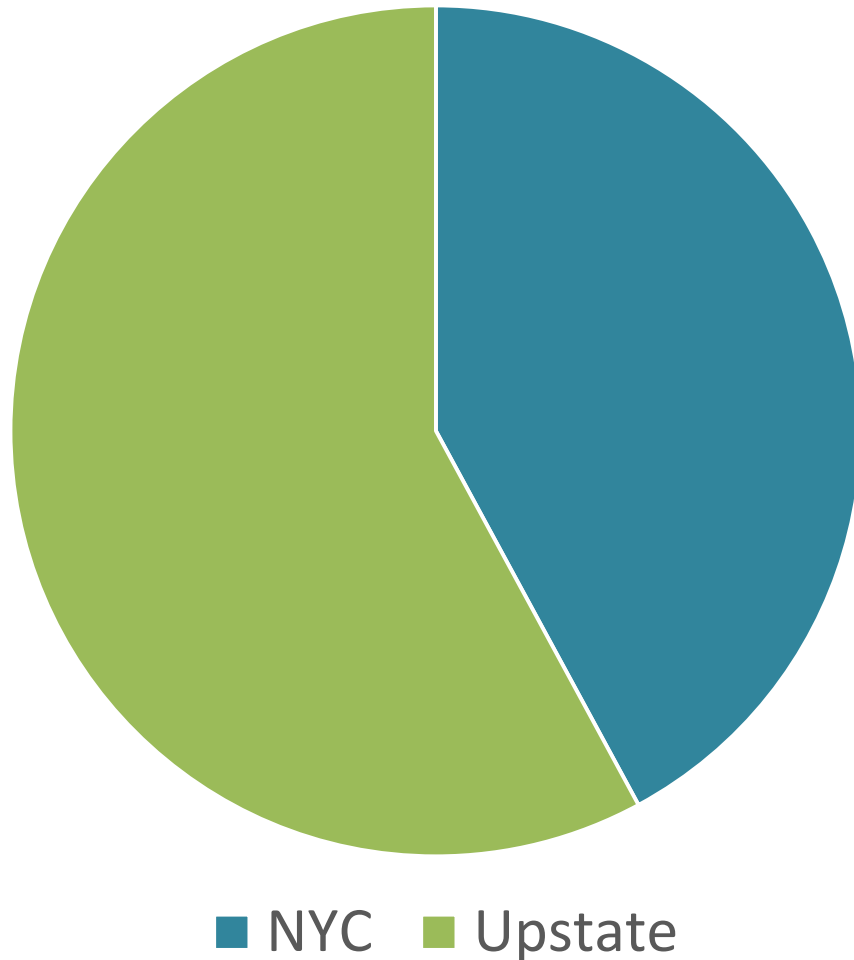
# CAPP & PREP: History of Success

Be Proud! Be Responsible! and Making Proud Choices were the most implemented EBPs



# CAPP & PREP: History of Success

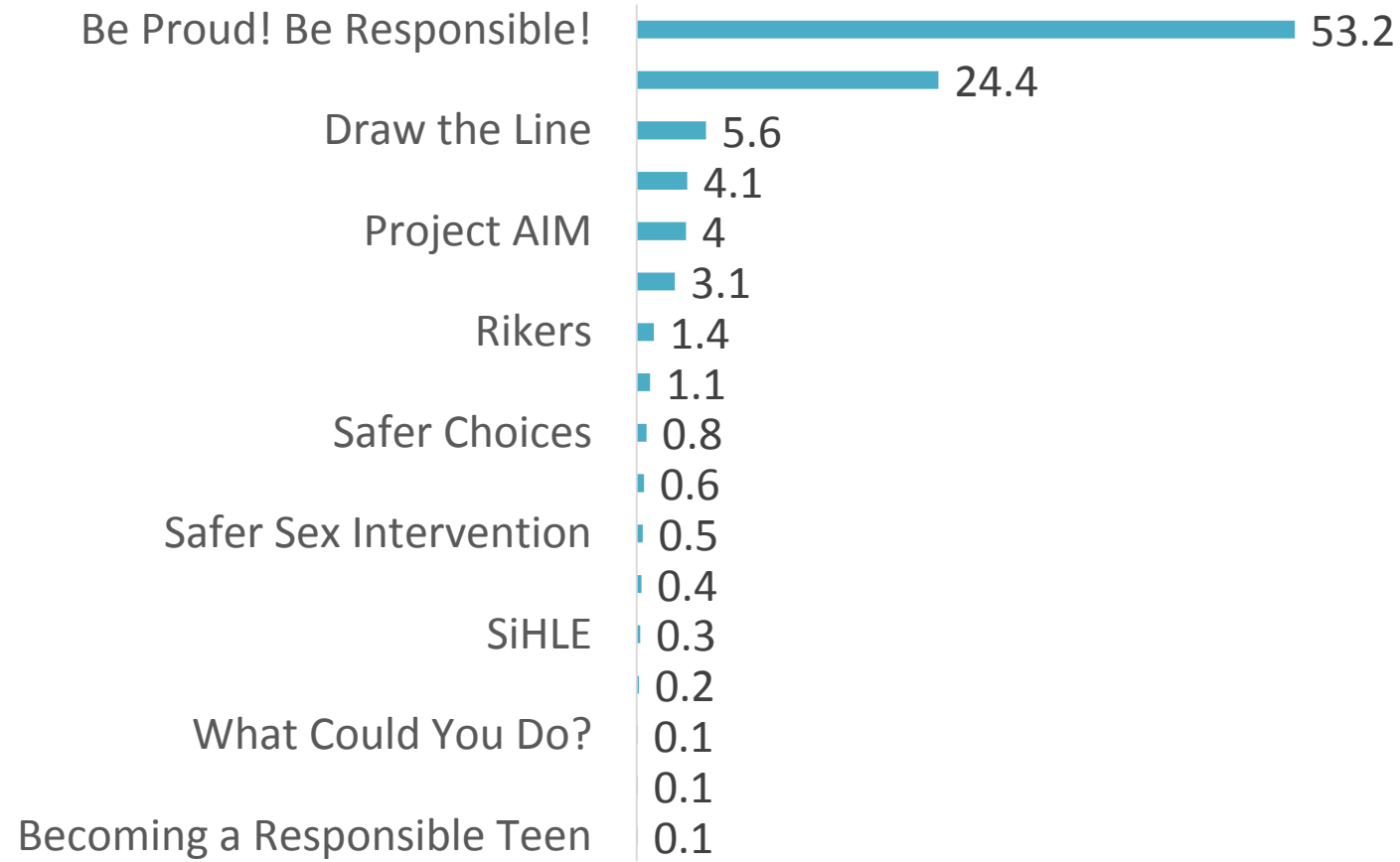
Percent of Cycles



Slightly more than half of all cycles occurred Upstate

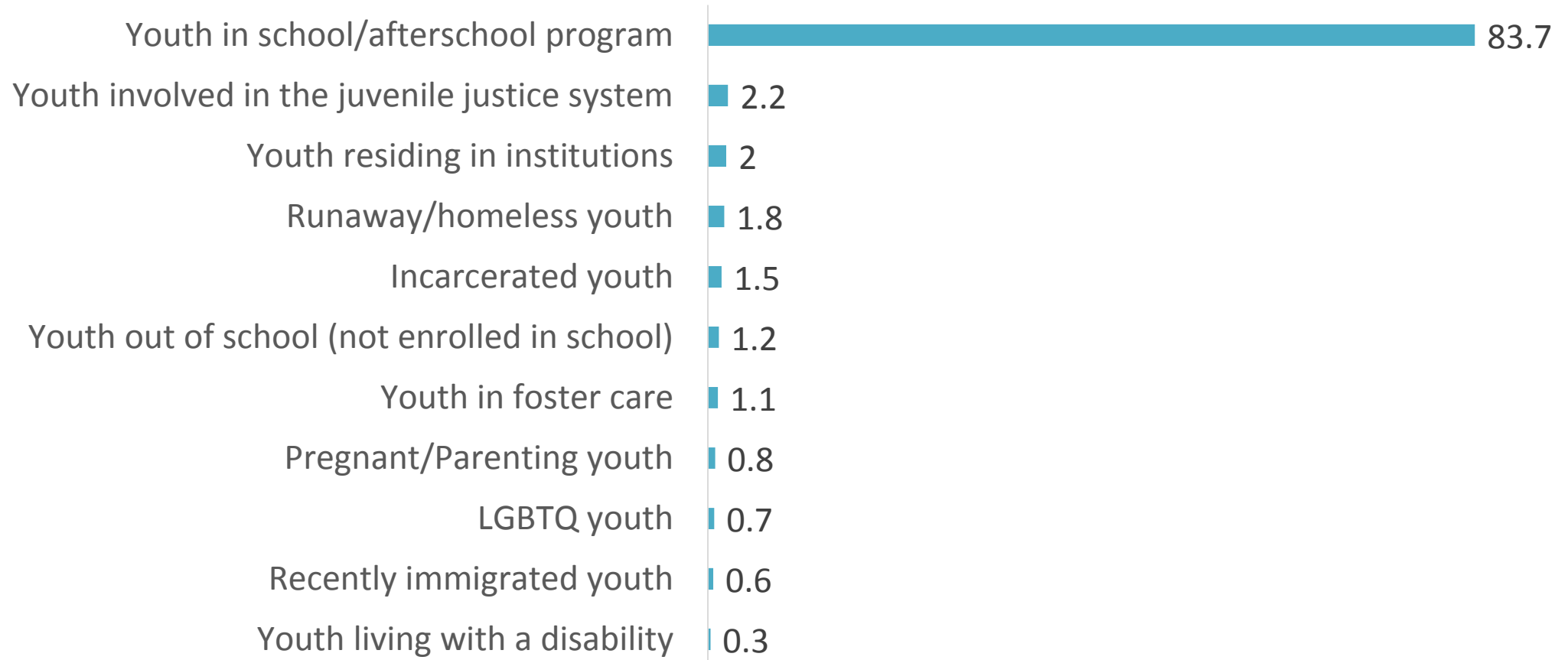
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# CAPP & PREP: History of Success

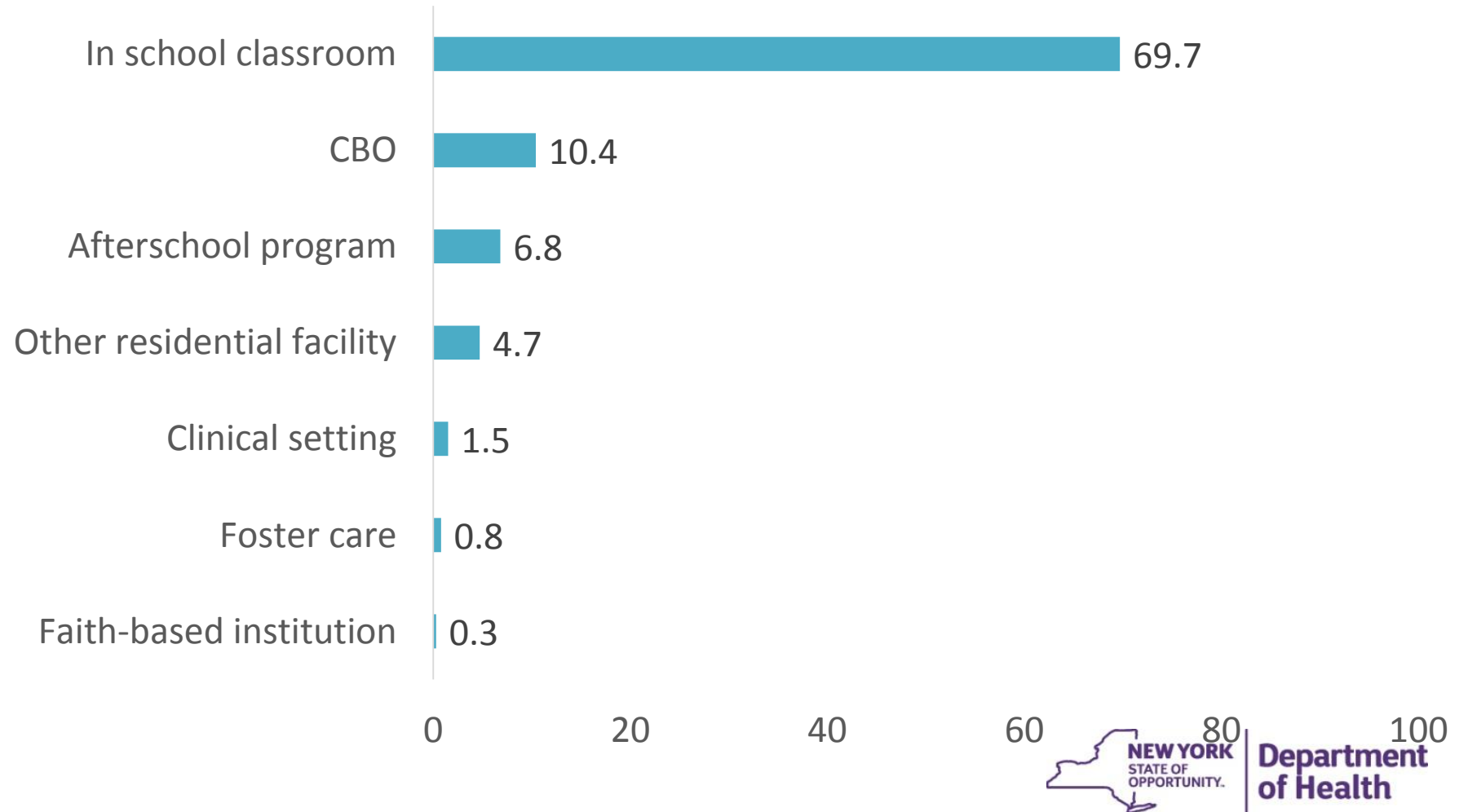
Most cycles were conducted with youth in school or afterschool





# CAPP & PREP: History of Success

Most cycles were conducted in schools



# CAPP & PREP: Building on Success

Award period: January 1, 2017 – December 31, 2021

48 CAPP  
Contracts

- NYC: 22 contracts
- ROS/Urban: 21 contracts
- ROS/Rural: 7 contracts

8 PREP  
Contracts

- NYC: 4 Contracts
- ROS/Urban: 2 Contracts
- ROS/Rural: 2 Contracts

# Thank You