

Walks for
1st time

1st friend

1st kiss

1st kiss

Curious about
body differences

Sense of being
male or female

**1st exposure to
sex education**

Starts school

Takes interest in
how they look

Takes interest in
how they look

1st time feeling
independent

Sense of self as
a sexual being

**Calls someone
their girl/boyfriend**

**Aware of attraction
to opposite, same,
or both sexes**

Change in
relationship
with parents

Spends time alone
with friends
(w/o parents)

Growth spurt

Looks awkward

1st pubic hair

1st wet dreams

1st bra purchase

1st cellphone

1st job

**1st drink of
alcohol**

**Worries
“am I normal?”**

Wants privacy

Self focused

Questions
parent's
authority

Able to
think about
thinking

Argues a lot

Tries on
a new role

Able to see &
understand
someone else's
perspective

1st Buys
condom

1st serious
romantic
relationship

1st sexual
intercourse

1st sexual
intercourse

Fully grasps the
concept of love

1st time
drives a car

1st time
living
independently

1st time
living
independently

Can see many
right answers
to a problem

1st time
pregnancy

End of
schooling

End of
schooling

1st time
living with
romantic partner

1st vote

Makes own choice
about education

1st vote

1st career

1st credit card

Financially
independent

Enters into the
military

Gets married

Buys 1st house

Rents 1st
apartment

Buys 1st house

1st roommate

**Experiences
school transition**

Takes care of
parents

Experiences
death
for 1st time

Expected to learn
independently

Expected to learn
independently

Dies

Dies

1st grandchild

1st “break-up”

Menopause

1st sleepover

Starts to manage
their own
health care

Friends are
very important

Retires

1st sleepover