

---

**2021 Provider Meeting of the New York State Department of Health's  
Bureau of Women, Infant and Adolescent Health (BWIAH)**

***The Impact of Adverse Childhood Experiences and  
Trauma on Health and Relationships***

This professional development and networking event is for providers funded by the New York State Department of Health BWIAH in the following programs:

- Comprehensive Adolescent Pregnancy Prevention (CAPP)
- Enough is Enough (EiE)
- Family Planning Program (FPP)
- Maternal and Infant Community Health Collaboratives (MICHC)
- Nurse Family Partnership/Healthy Families NY
- Personal Responsibility Education Program (PREP)
- Rape Prevention Education (RPE)
- Sexual Risk Avoidance Education (SRAE)

Programs are required to participate; registration is limited to two participants per agency program (i.e., two participants from CAPP, EiE, FPP, MICHC, NFP/Healthy Families NY, PREP, RPE or SRAE agency program).

<https://blogs.cornell.edu/bwiah2021>



New York City Alliance  
Against Sexual Assault



New York State Coalition  
Against Sexual Assault  
Working for a World Without Violence.



New York State  
Family Planning  
Training Center  
nysfptraining.org

# TABLE OF CONTENTS

---

Registration .....	2
Contact Us .....	2
Schedule At-a-Glance .....	3
Keynote Speakers .....	7
Workshop Sessions.....	8
Presenters.....	17
BWIAH Programs .....	27

## REGISTRATION

---

### To successfully complete the registration process:

- Be prepared to complete the entire registration process, including workshop selection before you begin. You will not be able to leave the registration system and return.
- Know your affiliation (i.e., provider group) and agency before you start; both are required to register.
- The email you register with will be associated with Zoom links for each session.
- If the workshop you are looking for is not listed, then it's full; no waitlist is offered.
- There is no cost to attend.

After successfully submitting your registration, you will receive an email confirmation that includes the workshops you selected. Should you need to make workshop changes, or cancel your meeting registration, email [events@cornell.edu](mailto:events@cornell.edu).

Closer to the conference date, you will receive separate emails with Zoom links for each registered workshop. All registrants will also receive Zoom links for the Keynote Addresses. If you do not receive your confirmation or Zoom links by May 10, please email [events@cornell.edu](mailto:events@cornell.edu).

Registration is limited to two participants per agency program (i.e., two participants from each CAPP, EiE, FPP, MICHC, NFP/Healthy Families NY, PREP, RPE or SRAE agency program).

## CONTACT US

---

If you have any technical registration problems, need to change workshop selection, or cancel your entire registration, please email [events@cornell.edu](mailto:events@cornell.edu).

For all other program questions or concerns (or if you cannot find information on the meeting website), please email: [act4youth@cornell.edu](mailto:act4youth@cornell.edu).

If you do not receive your confirmation or Zoom links by May 10, please email [events@cornell.edu](mailto:events@cornell.edu).

# SCHEDULE AT-A-GLANCE

---

Day 1: Tuesday, May 18	
12:00 pm	<b>Welcome and</b> <b>Opening Keynote: Vincent J. Felitti, MD – Adverse Childhood Events: Applying the Findings of the ACE Study to Today</b>
2:00 – 3:00 pm	<b>Workshop Block 1</b>
	Best Practices and Next Steps: Working with ACE-impacted Clients
	Integrating Trauma-Informed Care into Organizations: What are the Steps?
	Evidence-Based Stress Reduction Techniques
	Making the Case to Build Community Wealth, Strengthen Resilience and Prevent ACES
	Maternal Mortality in New York State

**Day 2: Wednesday, May 19**

9:00 am	<b>Morning Keynote: Angela Diaz, MD, PhD, MPH</b> – <i>Youth with a History of Childhood Trauma and the Compounding Effect of the COVID-19 Pandemic</i>
11:00 am – 12:00 pm	<b>Workshop Block 2</b>
	Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic
	Adverse Childhood Experiences, Human Trafficking and Addiction Connection
	Know More, Do More: Recognizing and Responding to Stalking
	* Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens ( <i>repeated in Workshop Block 5, 2:00 pm</i> )
	* Tracing Trauma: Transforming Your Physical and Mental Space ( <i>repeated in Workshop Block 6, 9:00 am</i> )
2:00 – 3:00 pm	<b>Workshop Block 3</b>
	Immigration and Trauma: Before, During and After
	Stalking 2.0: The Use of Technology to Stalk
	* Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work ( <i>repeated in Workshop Block 6, 9:00 am</i> )
	Makin' It Work: Incorporating a Trauma-Informed Approach in Evidence-Based Programs
	Diving into Complexity: From Evidence-Based to Participatory, Local-Level Maintenance and Impact

**Day 3: Thursday, May 20**

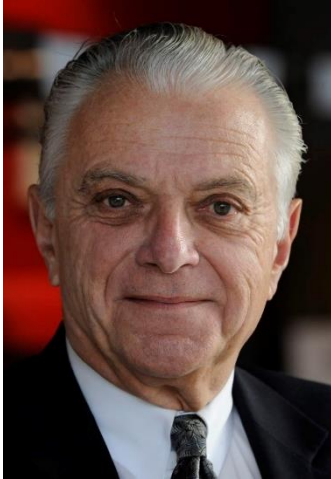
9:00 -10:00 am	<b>Workshop Block 4</b>
	Do You Communicate with Patients and Partners? You Need a Communication Plan
	Building Resilient Communities
	Best Practices in Facilitating Virtual Support Groups
	* Sexual and Reproductive Justice: What the Framework Challenges Us to Do ( <i>repeated in Workshop Block 7, 11:00 am</i> )
	* How is COVID-19 Impacting the Emotional Well-Being of Adolescents? ( <i>repeated in Workshop Block 7, 11:00 am</i> )
11:00 am – 12:00 pm	<b>Provider Group Parallel Meetings</b>
	Provider Group: Healthy Families NY, Nurse-Family Partnership, Maternal and Infant Community Health Collaboratives
	Provider Group: Family Planning Program
	Provider Group: Enough is Enough
	Provider Group: CAPP and PREP
	Provider Group: Rape Prevention Education/Regional Centers
	Provider Group: SRAE
2:00 – 3:00 pm	<b>Workshop Block 5</b>
	Center for Community Health Racial Justice Initiative: Theory and Practice
	Measuring Performance to Advance Patient-Centered Contraceptive Access and Autonomy
	Building the Evidence Base for Sexual Violence Prevention: Lessons Learned from the Brothers as Allies Program
	* Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens ( <i>repeat from Workshop Block 2, 11:00 am</i> )
	* Using Technology and Social Media to Improve Your Outreach During COVID-19 and Beyond ( <i>repeated in Workshop Block 7, 11:00 am</i> )

**Day 4: Friday, May 21**

9:00 -10:00 am	<b>Workshop Block 6</b>
	Maintaining Access to Contraceptive Services During COVID-19: Changes, Challenges, and Innovative Solutions
	Historical Trauma and Implicit Bias: The Role They Play in the Relationship Between LGBT Survivors of Color and Law Enforcement
	* Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work ( <i>repeat from Workshop Block 3, 2:00 pm</i> )
	Tools and Tips for Working with Local Policy Makers
	* Tracing Trauma: Transforming Your Physical and Mental Space ( <i>repeat from Workshop Block 2, 11:00 am</i> )
11:00 am – 12:00 pm	<b>Workshop Block 7</b>
	* Using Technology and Social Media to Improve Your Outreach During COVID-19 and Beyond ( <i>repeat from Workshop Block 5, 2:00 pm</i> )
	Creating Healing-Centered Workplaces for Staff and Clients
	Language Matters
	* Sexual and Reproductive Justice: What the Framework Challenges Us to Do ( <i>repeat from Workshop Block 4, 9:00 am</i> )
	* How is COVID-19 Impacting the Emotional Well-Being of Adolescents? ( <i>repeat from Workshop Block 4, 9:00 am</i> )

# KEYNOTE SPEAKERS

Day 1: Tuesday, May 18 – Opening Keynote, 12:00 pm



*Adverse Childhood Events: Applying the Findings of the ACE Study to Today*

**Vincent J. Felitti, MD**

*Clinical Professor of Medicine, University of California*

The ACE Study documented in 17,000 middle-class Americans how ten common categories of adverse childhood experience have a powerful and proportionate relationship to adult mental health, biomedical disease burden, and social function a half-century later. These childhood experiences, now hidden by time, by shame, and by secrecy exert a powerful and unrecognized effect on our most common public health problems. Time does not heal; time conceals—at great economic and social costs. In this keynote address, Dr. Vincent J. Felitti will describe the ACE study, and how healthcare professionals can use the findings to inform their practice today.

Additional Workshop: *Best Practices and Next Steps: Working with ACE-impacted Clients – Tuesday, May 18 – 2:00 pm*

Day 2: Wednesday, May 19 – Morning Keynote, 9:00 am



*Youth with a History of Childhood Trauma and the Compounding Effect of the COVID-19 Pandemic*

**Angela Diaz, MD, PhD, MPH**

*Jean C. and James W. Crystal Professor of Pediatrics and Environmental Medicine and Public Health, Icahn School of Medicine at Mount Sinai  
Director, Mount Sinai Adolescent Health Center*

This keynote presentation will address the prevalence and impact of childhood trauma in adolescents and young adults, how these youth present in the healthcare settings and ways to identify them. In addition, it will also address the compounding effect of the COVID-19 pandemic on youth.

Additional Workshop: *Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic – Wednesday, May 19 – 11:00 am*

# WORKSHOP SESSIONS

---

Participants will select workshops when registering for the BWIAH Provider Meeting. For information about the presenters, please visit the [Presenters](#) page.

Workshops are limited to 125 participants each. If a workshop is no longer listed on this page or the registration page, then it has reached its maximum number of participants.

## WORKSHOP BLOCK 1 – DAY 1: TUESDAY, MAY 18 – 2:00 pm

### **Best Practices and Next Steps: Working with ACE-impacted Clients**

**Vincent J. Felitti, MD** – *Clinical Professor of Medicine, University of California*

Dr. Felitti will follow up his opening keynote presentation with additional discussion of how ACEs are relevant to BWIAH programs' broad scope of work; how to address issues from ACE and trauma; and best practices from the field.

### **Integrating Trauma-Informed Care into Organizations: What are the Steps?**

**Susan Green, LCSW** – *Clinical Professor, School of Social Work, University at Buffalo*

**Samantha Koury** – *Project Manager, The Institute on Trauma and Trauma-informed Care, University at Buffalo*

When an organization learns how to provide trauma-informed care (TIC), it educates staff about the effects of violence, victimization, and trauma on individuals. The organization also educates staff about the effects trauma can have on them. Especially as professionals continue to navigate their work in the context of the dual pandemics (COVID-19 and civil unrest), every aspect of the organization's services—from how the receptionist handles phone calls to how the board of directors and executive staff make service policy decisions—needs to be viewed through a trauma-informed lens. TIC is not designed to treat symptoms, but to ensure that staff are sensitive to the trauma-related issues presented by individuals, and that the organization has reviewed its operations, policies, and procedures to ensure all services are provided in a trauma-informed model.

### **Evidence-Based Stress Reduction Techniques**

**Michelle Bombacie, MS, L.Ac., LMT** – *Program Manager, Integrative Therapies Program within the Center for Comprehensive Wellness, Columbia University Irving Medical Center*

In this interactive workshop the presenter will introduce evidence-based stress reduction techniques such as deep breathing, acupressure, aroma therapy, and yoga. Participants will practice concrete, research-based techniques featured in the Healthy Monday Campaigns, a newsletter providing stress reduction techniques, supportive articles, and video links that is distributed to large organizations. Participants will walk away with an increased awareness of stress reduction strategies, concrete tools, and knowledge of how to access additional resources they can apply in their workplace.

### **Making the Case to Build Community Wealth, Strengthen Resilience and Prevent ACES**

**Michael Bauer, MS** – *Director, Bureau of Occupational Health and Injury Prevention, NYSDOH*

**Leah Hines, MPH** – *Epidemiologist, Bureau of Occupational Health and Injury Prevention, NYSDOH*

**Priti Irani, MSPH** – *Research Scientist, Office of Public Health Practice, NYSDOH*

Strengthening resilience can prevent, reduce and even reverse the traumatic effects of adverse childhood experiences (ACEs). Building socioeconomic assets (community wealth), intentionally focusing on marginalized communities so they are not left behind, strengthens resilience. Preventing ACEs, strengthening resilience and building community wealth are part of the 2019-2024 Prevention Agenda, the state health improvement plan.



## **Maternal Mortality in New York State**

**Marilyn Kacica, MD, MPH** – *Medical Director, Division of Family Health, NYSDOH*

**Meaghan Carroll, MSEd** – *Health Program Administrator, Division of Family Health, NYSDOH*

The workshop will focus on applying the lessons learned from the Mount Sinai Adolescent Health Center's more than five decades experience working with traumatized adolescents and young adults. Lessons learned will include how to create a climate and professional culture which supports disclosure of the abuse experience. The workshop will also address how to design and deliver integrated services that support recovery, the team approach and staff roles, and the service principles used in developing services for these vulnerable young people including during the COVID-19 pandemic.

## **WORKSHOP BLOCK 2 – DAY 2: WEDNESDAY, MAY 19 – 11:00 am**

### **Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic**

**Angela Diaz, MD, PhD, MPH** – *Director, Mount Sinai Adolescent Health Center*

**Anne Nucci-Sack, MD** – *Medical Director, Mount Sinai Adolescent Health Center*

**Rachel Colon** – *Program Coordinator, Primary Care Social Work, Mount Sinai Adolescent Health Center*

The workshop will focus on applying the lessons learned from the Mount Sinai Adolescent Health Center's more than five decades experience working with traumatized adolescents and young adults. Lessons learned will include how to create a climate and professional culture which supports disclosure of the abuse experience. The workshop will also address how to design and deliver integrated services that support recovery, the team approach and staff roles, and the service principles used in developing services for these vulnerable young people including during the COVID-19 pandemic.

### **Adverse Childhood Experiences, Human Trafficking and Addiction Connection**

**Keith Scott, MPP** – *Director of Education, The Safe Center LI; Adjunct Professor, Hofstra University*

This workshop explores the brain-body connection to trauma, tying direct links between trauma and conditions such as addiction, mental health outcomes, and possible high-risk behavior. Participants will learn how the body and brain react and are impacted by trauma. Additionally, participants will gain an understanding of how sex traffickers have capitalized on addiction and trauma, using addiction and trauma as tools for coercion, control, and manipulation.

### **Know More, Do More: Recognizing and Responding to Stalking**

**Dana Fleitman, MA, EdHD** – *Associate Advisor, AEquitas Stalking Prevention, Awareness and Resource Center (SPARC)*

Stalking is a prevalent, dangerous and often misunderstood crime. This presentation explores the dynamics of stalking, focusing on the highly contextual nature of the crime by discussing common tactics used by perpetrators, stalking's co-occurrence with domestic and sexual violence, and tools to plan for victim safety and hold offenders accountable.

### **\* Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens**

**Corbin Knight-Dixon, MS** – *New York State Director, Sexual Violence Prevention Training Center, CAI*

**Elisabeth Salner, LCSW, MPH** – *Project Director, School-Based Health, CAI*

Community Health Workers, educators, and case management staff find themselves engaging clients remotely for the first time ever. Whether staff are utilizing a video-based platform, like Zoom, or providing support via phone, the ability to recognize intimate partner violence patterns is more challenging. This session will provide staff with key facts and communication skills for recognizing and responding to warning signs remotely.

*\* This workshop is also being offered Thursday at 2:00 pm*

### **\* Tracing Trauma: Transforming Your Physical and Mental Space**

**Taryn Kutujian** – *Community Education Manager, VIBS*

**Katie Grudens** – *Community Educator, VIBS*

We educate others about the importance of inclusiveness, intentional communication, knowing your personal trauma/triggers and creating a safety plan. We tell others to be aware of their surroundings and environment when at home, at work or in the community, yet we rarely afford ourselves the same consideration. A venture from the typical “mindfulness” or “burnout” session, this workshop provides tangible examples and thought-provoking questions utilizing the power and control wheel to help professionals understand where their boundaries, comfortabilities and deficits lie with respect to their own personal safety and space. Exploring our personal view of safety, our triggers and how each of us can better prepare with plans and resources is often grossly underestimated.

*\* This workshop is also being offered Friday at 9:00 am*

## **WORKSHOP BLOCK 3 – DAY 2: WEDNESDAY, MAY 19 – 2:00 pm**

### **Immigration and Trauma: Before, During and After**

**Andrés Hoyos, MS, LCSW** – *Enough is Enough*

This workshop will help providers to look into the unique challenges, opportunities and resiliency that are part of being an immigrant who has been exposed to traumatic experiences. Participants will become familiar with a framework that provides an integrated analysis of experiences of trauma for immigrant communities in three different stages of the immigration process: before, during and after immigration. Participants will also learn how to best serve one of the most vulnerable immigrant communities – undocumented immigrants exposed to trauma.

### **Stalking 2.0: The Use of Technology to Stalk**

**Dana Fleitman, MA, EdHD** – *Associate Advisor, AEquitas Stalking Prevention, Awareness and Resource Center (SPARC)*

Stalkers are inventive criminals who use – and misuse – a variety of technologies to locate, surveil and monitor their victims. This webinar will address common technologies utilized by stalkers, discuss evidence preservation concerns as well as identify effective safety-planning strategies.

### **\* Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work**

**Angela M. Douglas** – *Co-Executive Director, Vera House*

**Randi Bregman** – *Co-Executive Director, Vera House*

It is critical to understand policies, services, and response related to sexual and intimate partner violence have been built on white, feminist, middle-class dominant culture. It becomes difficult to identify and access supports for those who identify as other or found their ability to assimilate threatening their own healing. This workshop will push participants to engage in the deep work necessary to address racism and oppression in their organizations and how systemic abuse intersects with personal trauma.

*\* This workshop is also being offered Friday at 9:00 am*

### **Makin’ It Work: Incorporating a Trauma-Informed Approach in Evidence-Based Programs**

**Michele Luc** – *Facilitator and Youth Development Specialist, Cornell Cooperative Extension- NYC, ACT for Youth Center for Community Action; Bronfenbrenner Center for Translational Research, Cornell University*

Practitioners are increasingly acknowledging the need for mindfulness and intentionality when applying a trauma-informed approach to their work. In this interactive session, participants will learn the principles of a trauma-informed approach; discuss strategies for successful implementation of their evidence-based programs using this lens; and explore techniques to support those who may be experiencing trauma, while avoiding re-traumatizing them.

**Diving into Complexity: From Evidence-Based to Participatory, Local-Level Maintenance and Impact**  
**Eric McGriff** – *Prevention Program Coordinator, Crime Victims Treatment Center*

How do we go from using an evidence-based curriculum, to a full-on comprehensive approach to preventing violence with our new partners? How can we tailor our approach for relevance at the local level? This workshop will introduce participants to a model for implementing a comprehensive prevention approach that is informed by evidence, and the specific needs, preferences, safety and culture of the individuals and communities they are working with. Here, we will focus on the implementers of “evidence-based” curricula, facilitators, and preventionists, and take participants through a series of exercises that highlight the importance of coordinating, cooperating, and collaborating with new, diverse, and marginalized communities, and how to do so in order to create sustainable solutions that can allow for implementers to maintain fidelity to the essential elements of their programming/curricula.

**WORKSHOP BLOCK 4 – DAY 3: THURSDAY, MAY 20 – 9:00 am**

**Do You Communicate with Patients and Partners? You Need a Communication Plan**

**Jessica Holli, MS** – *Communications Specialist, John Snow, Inc.*

**Clancey Bateman, MS, MPH** – *Communications Specialist, John Snow, Inc.*

If you communicate with patients, partners, or other organizations, you need a communication plan! Many organizations hesitate to develop a plan, because they can seem time consuming to build and maintain. However, as the COVID-19 public health emergency has shown, the time to think about communication platforms and approaches is before those strategies are needed. In this interactive session, attendees will learn how to increase their effectiveness by building a communication plan. Using the POST (People, Objectives, Strategy, Technology) method, attendees will develop the framework of their communications plan, including a strategy for maintaining the plan and measuring effectiveness. Attendees will receive recommendations for communications platforms, including digital and social media, as well as tools for creating effective communications content. This workshop will also include strategies for developing a bank of important COVID-19 messaging, such as content addressing clinic and program updates and vaccine information.

**Building Resilient Communities**

**Tamaé Memole** – *Director of Program Development, Prevent Child Abuse New York*

As knowledge and understanding around the ACE study grows, so does the need for tangible action steps to build resilience. To identify action steps, we all must recognize that we have the opportunity and shared responsibility to build resilience of everyone in our communities. In this training, participants will engage in perspective shift work and leave equipped with every day action steps that are grounded in the Protective Factors Framework.

**Best Practices in Facilitating Virtual Support Groups**

**Clare Friedrich, MA, CLC** – *Project Director, Improving Health Equity and Maternal and Infant Outcomes, CAI*

**Eric Reyes, LMSW** – *Deputy Director, Mental Health & Trauma, Program Manager/Trainer, CAI*

In response to COVID-19, support groups of all sorts have quickly turned to remote platforms. Support groups help keep individuals connected through peer support, providing education and sharing resources. What are special considerations to maximize trust, comfort and participation? What additional steps can be taken to prepare for a successful virtual support group? This webinar will focus on addressing these and other common challenges by leveraging best practices in facilitating support groups in a virtual setting.

**\* Sexual and Reproductive Justice: What the Framework Challenges Us To Do**

**Adjoa S. Tetteh, MA, CHES, CLC** – *Project Director, Senior Trainer and Technical Assistance Specialist, CAI*

With an overarching belief in bodily autonomy and self-determination, the reproductive justice

framework offers an approach that opens greater opportunities to achieve health equity and sexual/reproductive freedom by confronting the role of racism and other biases, uplifting the expertise and leadership of communities most impacted, and fostering a better understanding of and approach to addressing social determinants of health. Though the name evokes a focus on sexual and reproductive health, the sexual and reproductive justice framework can be applicable across BWIAH provider groups and the session will invite participants to consider how to apply principles of the framework within their area of focus.

*\* This workshop is also being offered Friday at 11:00 am*

**\* How is COVID-19 Impacting the Emotional Well-Being of Adolescents?**

**Jutta Dotterweich, MA** – *Director of Training and Technical Assistance, ACT for Youth Center for Community Action; Bronfenbrenner Center for Translational Research, Cornell University*

We all experience the impact of living during COVID-19, a pandemic that fosters social isolation, restricts physical and emotional contact, and moves social interaction online. While they are designed to keep us physically safe, the conditions we are living under affect our emotional and social health and well-being. What is the impact on young people who are still learning how to handle stress and develop important social and emotional self-regulation skills? What are the long-term consequences of growing up during a pandemic? We'll take a look what experts tell us. And we'll hear from young people themselves. Finally, we'll explore promising strategies to support young people, online and on-site, in their efforts to navigate this difficult social environment.

*\* This workshop is also being offered Friday at 11:00 am*

## WORKSHOP BLOCK 5 – DAY 3: THURSDAY, MAY 20 – 2:00 pm

**Center for Community Health Racial Justice Initiative: Theory and Practice**

**Angella Timothy** – *Associate Director, Center for Community Health, NYSDOH*

**Rae Ann Augliera, MS, CHES** – *Assistant Bureau Director, Bureau of Women, Infant, and Adolescent Health, NYSDOH*

**Erin C. Knoerl, MPH** – *Oral Health Unit Manager, Bureau of Child Health, NYSDOH*

This session is designed to inform participants of the Vision of the Center for Community Health to improve the health of all New Yorkers by engaging people in building healthier communities. CCH attempts to achieve this vision by providing and supporting accessible high-quality community-based health and social services, community engagement and advocacy, development of health-promoting policies and regulations, disease prevention health promotion and health education services. We realize we must adopt a racial justice framework to achieve this. We will also highlight how we implemented this in two of our procurements.

**Measuring Performance to Advance Patient-Centered Contraceptive Access and Autonomy**

**Christine Dehlendorf, MD, MAS** – *Associate Professor in Residence, University of California, San Francisco*

Performance measures are one tool to drive behavior that facilitates quality improvement in clinical services. In family planning, these measures have the potential to promote access to patient-centered contraceptive services if defined and implemented appropriately. In this session, Dr. Christine Dehlendorf, MD, MAS will review existing performance measures for contraceptive services, including a new measure that assesses the patient's experience of contraceptive care. The potential impact of these measures on patients and on health systems will be considered, including issues related to implementation of the measures and their implications for health equity and reproductive justice and autonomy.

## **Building the Evidence Base for Sexual Violence Prevention: Lessons Learned from the Brothers as Allies Program**

**Janis Whitlock, PhD, MPH** – Associate Director, Bronfenbrenner Center for Translational Research, Cornell University

**Mary Maley, MS** – Director, Research Synthesis and Translation, Bronfenbrenner Center for Translational Research, ACT for Youth Center for Community Action, Cornell University

**Ann-Margret Foley, MSW** – Director, Sexual Violence Prevention Unit, NYSDOH

The Brothers as Allies program is a unique approach to rape prevention education efforts in NYS that was tested across NYS with funds from a CDC sexual violence prevention grant. This ten-session curriculum, led by trained male facilitators, guides middle school boys through activities and discussion designed to strengthen healthy relationships, emotional capacity and communication skills and, ultimately, reduce sexual violence perpetration and victimization. In this session we share findings from the BAA evaluation as well as lessons learned from participants, facilitators and partners.

### **\* Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens**

**Corbin Knight-Dixon, MS** – New York State Director, Sexual Violence Prevention Training Center, CAI

**Elisabeth Salner, LCSW, MPH** – Project Director, School-Based Health, CAI

Community Health Workers, educators, and case management staff find themselves engaging clients remotely for the first time ever. Whether staff are utilizing a video-based platform, like Zoom, or providing support via phone, the ability to recognize intimate partner violence patterns is more challenging. This session will provide staff with key facts and communication skills for recognizing and responding to warning signs remotely.

*\* This workshop is also being offered Wednesday at 11:00 am*

### **\* Using Technology and Social Media to Improve Your Outreach During COVID-19 and Beyond**

**Jessica Holli, MS** – Communications Specialist, John Snow, Inc.

**Clancey Bateman, MS, MPH** – Communications Specialist, John Snow, Inc.

Buildings may close and education and outreach staff may work offsite, but social media platforms are always open. Mastering your social media outreach is more important than ever, as patients and clients have turned to digital platforms to receive important health information. In this interactive session, learn how to develop a social media strategy to improve your program's outreach. Through an emphasis on building a social media strategy, attendees will learn how to use social media more efficiently to reach your target audiences. We will also discuss the basics of current social media platforms, including Snapchat, Facebook, Instagram, and Twitter, their uses and differences. The workshop will close with resources and tools for creating effective social media content.

*\* This workshop is also being offered Friday at 11:00 am*

## **WORKSHOP BLOCK 6 – DAY 4: FRIDAY, MAY 21 – 9:00 am**

### **Maintaining Access to Contraceptive Services During COVID-19: Changes, Challenges, and Innovative Solutions**

**Mikayla Bobrow, MA** – Training and Technical Assistance Specialist, Contraception Access Project, CAI

**Corbin Knight-Dixon, MS** – New York State Director, Sexual Violence Prevention Training Center, CAI

The experience of the COVID-19 pandemic has illuminated the need to ensure access to preventative health services, including contraceptive care. This one-hour workshop provides an overview of innovations that healthcare centers across the United States have implemented to maintain and increase access to contraceptive services throughout the pandemic. This workshop also highlights the importance of establishing contraceptive care as “essential,” describes common challenges that health centers have faced, and provides concrete examples from the experience of primary care centers throughout Colorado in adapting to the COVID-19 pandemic.



## **Historical Trauma and Implicit Bias: The Role They Play in the Relationship Between LGBT Survivors of Color and Law Enforcement**

**Philip A. Burse** – *Chief Operating Officer, In Our Own Voices, Inc.*

This workshop is intended to provide participants with information, education, and resources that highlight how implicit biases, historical experiences of collective trauma, and present-day events impact the interactions and responses between law enforcement and survivors of trauma.

### **\* Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work**

**Angela M. Douglas** – *Co-Executive Director, Vera House*

**Randi Bregman** – *Co-Executive Director, Vera House*

It is critical to understand policies, services, and response related to sexual and intimate partner violence have been built on white, feminist, middle-class dominant culture. It becomes difficult to identify and access supports for those who identify as other or found their ability to assimilate threatening their own healing. This workshop will push participants to engage in the deep work necessary to address racism and oppression in their organizations and how systemic abuse intersects with personal trauma.

*\* This workshop is also being offered Wednesday at 2:00 pm*

### **Tools and Tips for Working with Local Policy Makers**

**Elizabeth Day, PhD** – *Assistant Director, Policy Engagement, Cornell Project 2Gen, Bronfenbrenner Center for Translational Research; Engaged Learning Associate, Cornell Institute for Public Affairs, Cornell University*

Engaging with local policymakers is an important strategy for program sustainability. Unfortunately, many professionals are uncertain where to begin, particularly through an educational (rather than lobbying) approach. This workshop offers an introduction to best practices for connecting with policymakers. Attendees will gain a deeper understanding of the policy context, learn tools and tips for building long-term relationships with policymakers, and get hands-on experience starting the process of working with their own local policymakers. The workshop is appropriate for all attendees, regardless of topical area of expertise or prior experience working with policymakers. The workshop takes a non-partisan, educational approach, grounded in the presenter's research and prior experiences working with federal, state, and local policymakers.

### **\* Tracing Trauma: Transforming Your Physical and Mental Space**

**Taryn Kutujian** – *Community Education Manager, VIBS*

**Katie Grudens** – *Community Educator, VIBS*

We educate others about the importance of inclusiveness, intentional communication, knowing your personal trauma/triggers and creating a safety plan. We tell others to be aware of their surroundings and environment when at home, at work or in the community, yet we rarely afford ourselves the same consideration. A venture from the typical "mindfulness" or "burnout" session, this workshop provides tangible examples and thought-provoking questions utilizing the power and control wheel to help professionals understand where their boundaries, comfortabilities and deficits lie with respect to their own personal safety and space. Exploring our personal view of safety, our triggers and how each of us can better prepare with plans and resources is often grossly underestimated.

*\* This workshop is also being offered Wednesday at 11:00 am*

## **WORKSHOP BLOCK 7 – DAY 4: FRIDAY, MAY 21 – 11:00 am**

### **\* Using Technology and Social Media to Improve Your Outreach During COVID-19 and Beyond**

**Jessica Holli, MS** – *Communications Specialist, John Snow, Inc.*

**Clancey Bateman, MS, MPH** – *Communications Specialist, John Snow, Inc.*

Buildings may close and education and outreach staff may work offsite, but social media platforms are always open. Mastering your social media outreach is more important than ever, as patients and clients

have turned to digital platforms to receive important health information. In this interactive session, learn how to develop a social media strategy to improve your program's outreach. Through an emphasis on building a social media strategy, attendees will learn how to use social media more efficiently to reach your target audiences. We will also discuss the basics of current social media platforms, including Snapchat, Facebook, Instagram, and Twitter, their uses and differences. The workshop will close with resources and tools for creating effective social media content.

*\* This workshop is also being offered Thursday at 2:00 pm*

### **Creating Healing-Centered Workplaces for Staff and Clients**

**Brita Loeb, LMSW** – *Curriculum and Technical Assistance Specialist, Trauma-Informed Care Initiatives, CAI*

This session will explore how to design supportive and restorative physical and virtual spaces in one's workplace. In this workshop, participants will learn about healing-centered design theory and its practical implications for their in-person and remote workplaces by asking questions like, "how can wall colors decrease stress levels" and "how does furniture layout create feelings of safety and agency for clients with histories of trauma?" Through interactive activities, participants will gain concrete, trauma-informed design ideas that they can bring back to their agencies in order to foster clients' engagement with, retention in and healing through the agency's services. The workshop includes exploration of layout, furnishings, lighting and color as well as the positive impact on staff and service delivery through the implementation of trauma-informed care principles.

### **Language Matters**

**Marisol De Leon** – *Extension Support Specialist and Trainer, ACT for Youth Center for Community Action, Bronfenbrenner Center for Translational Research, Cornell University*

In this workshop we will explore the history, importance and impact of language. We will delve into how language that perpetuates stigmas and discrimination continues to have negative effects on people with diverse sexual orientations and gender identities in multiple settings such as schools, work, and health care agencies. Participants will review and practice utilizing inclusive language while working towards creating a learning environment that is intolerant to any form of prejudice, hate crimes and violence. In working with heteronormative evidence-based programs and in efforts to bring a diversity, equity and inclusion (DEI) lens to our work, we will discuss how to review curricula and prepare to make adjustments in our language.

### **\* Sexual and Reproductive Justice: What the Framework Challenges Us To Do**

**Adjoa S. Tetteh, MA, CHES, CLC** – *Project Director, Senior Trainer and Technical Assistance Specialist, CAI*

With an overarching belief in bodily autonomy and self-determination, the reproductive justice framework offers an approach that opens greater opportunities to achieve health equity and sexual/reproductive freedom by confronting the role of racism and other biases, uplifting the expertise and leadership of communities most impacted, and fostering a better understanding of and approach to addressing social determinants of health. Though the name evokes a focus on sexual and reproductive health, the sexual and reproductive justice framework can be applicable across BWIAH provider groups and the session will invite participants to consider how to apply principles of the framework within their area of focus.

*\* This workshop is also being offered Thursday at 9:00 am*

### **\* How is COVID-19 Impacting the Emotional Well-Being of Adolescents?**

**Jutta Dotterweich, MA** – *Director of Training and Technical Assistance, ACT for Youth Center for Community Action; Bronfenbrenner Center for Translational Research, Cornell University*

We all experience the impact of living during COVID-19, a pandemic that fosters social isolation, restricts physical and emotional contact, and moves social interaction online. While they are designed to keep us physically safe, the conditions we are living under affect our emotional and social health and well-being. What is the impact on young people who are still learning how to handle stress and develop important social and emotional self-regulation skills? What are the long-term consequences of growing up during a

pandemic? We'll take a look what experts tell us. And we'll hear from young people themselves. Finally, we'll explore promising strategies to support young people, online and on-site, in their efforts to navigate this difficult social environment.

*\* This workshop is also being offered Thursday at 9:00 am*



# PRESENTERS

---

## **Rae Ann Augliera, MS, CHES**

### *Center for Community Health Racial Justice Initiative: Theory and Practice*

Rae Ann is an Assistant Bureau Director in the Bureau of Women, Infant, and Adolescent Health at the New York State Department of Health. In this role she oversees the perinatal regionalization unit, comprehensive family planning and reproductive health service, and sexual violence prevention programming. She has over 18 years of experience in New York State government and holds a Master of Science in Health Policy from the University at Albany School of Public Health.

## **Clancey Bateman, MS, MPH**

### *Do you communicate with patients and partners? You need a communication plan!*

### *Using technology and social media to improve your outreach during COVID-19 and beyond.*

Clancey Bateman, MS, MPH is a health communication specialist who has expertise in strategic communications, social marketing, digital and social media, graphic design, and evaluation of behavior change campaigns. She has worked across a broad range of topics including HIV prevention, tobacco control, chronic disease prevention, and reproductive health. She is passionate about creating communication strategies and tools with the potential to change health behaviors. She has an MPH from Tufts University School of Medicine and an MS in food policy and applied nutrition from the Friedman School of Nutrition Science and Policy at Tufts University.

## **Michael Bauer, MS**

### *Making the Case to Building Community Wealth, Strengthen Resilience and Prevent ACEs*

Michael is the Director of the Bureau of Occupational Health and Injury Prevention in the New York State Department of Health. He has been working in injury and violence prevention since 2002, moving research to practice ensuring evidence-based programs are reaching the populations of need.

## **Michelle Bombacie, MS, LMT, LAc**

### *Evidence-Based Stress Reduction Techniques*

Michelle is the Program Coordinator for the Integrative Therapies Program/Center for Comprehensive Wellness. Michelle received her Master of Science in Acupuncture from Tri-State College of Acupuncture and her Massage Therapy degree from the New York College of Health Professions. She previously served as a clinician for the Integrative Therapies Program and delivered Complementary and Alternative Therapies (CAM) to children and their families. She is co-author of a publication on non-pharmacological therapies for palliative cancer care and has been involved in research related to the use of integrative therapies with pediatric cancer patients. In 2005 she launched a Family Practice, specializing in Acupuncture Physical Medicine and Traditional Chinese Medicine for patients undergoing cancer treatment, and those experiencing myofascial pain and stress-related conditions. Michelle is currently a member of the core faculty at the Tri-State College of Acupuncture, where she has extensive teaching experience and curriculum development in the field of acupuncture and Chinese medicine.

## **Mikayla Bobrow, MA**

### *Maintaining Access to Contraceptive Services during COVID-19: Changes, Challenges, and Innovative Solutions*

Mikayla Bobrow, MA, is the Training and Technical Assistance Specialist for the Contraception Access Project at CAI. Her work focuses on reducing barriers and improving clinic systems to support universal access to contraception. Ms. Bobrow hold a masters in community, development, and planning from Clark University.

## **Randi Bregman**

### *Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work*

Since 1990, Randi Bregman has worked with Vera House, Inc., a not-for-profit human service agency

which prevents, responds to and partners to end domestic and sexual violence and other forms of abuse. During her first eleven years at Vera House, she was the Coordinator of the Syracuse Area Domestic Violence Coalition. In August of 2001, Randi began serving as Executive Director of Vera House, Inc. In 2005, she helped to effect a successful merger with the Rape Crisis Center of Syracuse, Inc. In her current role as Co-Executive Director, Randi is responsible for administration and financial management, supervision of staff, fundraising and fund development, community education and professional training and program development. Randi serves on the Steering and Advocacy Committees of the Human Services Leadership Council of Central New York (HSLCCNY) and Co-chairs the HSLCCNY's Anti-Racism Committee. She also serves on the NYS Coalition Against Domestic Violence Legislative Committee and the Syracuse University Task Force Against Sexual and Domestic Violence.

### **Phillip A. Burse**

#### *Historical Trauma and Implicit Bias and its Impact on LGBT POC Survivors and Law Enforcement*

Phillip A. Burse is the Chief Operating Officer at In Our Own Voices, Inc. (IOOV) and has worked in various capacities at IOOV for over twelve years with a focus on working with LGBT communities, communities of color and LGBT victims/survivors of trauma. In his current role as IOOV's Chief Operating Officer, Phillip is responsible for overseeing programs, services, and events that focus on reducing barriers and increasing access for LGBT communities by addressing the socioeconomic, political, cultural and health related disparities that disproportionately impact LGBT communities (with a particular focus on LGBT people of color). Phillip is also responsible for providing training and technical assistance to communities, businesses, and service providers, grant writing, and strategic planning. Phillip has represented IOOV on local, statewide and national initiatives that impact/address the intersecting needs of LGBT communities and has served as President and Vice President of the Board of Directors of the New York State Coalition Against Sexual Assault and the New York State Office of Victim Services Advisory Council.

### **Meaghan Carroll, MEd**

#### *Maternal Mortality in New York State*

Meaghan Carroll is a Health Program Administrator in the Division of Family Health in the New York State Dept. of Health. Meaghan has worked for NYSDOH for over five years in a variety of different roles within the Division of Family Health. Currently, Meaghan is responsible for supporting a range of project and initiatives designed to improve maternal mortality across NYS. In addition to her role in DFH, Meaghan is a member of the CCH Racial Justice Team and has been part of several projects aimed at addressing the impact of racism on health outcomes. Prior to her work at NYSDOH, Meaghan served as the VP for Education & Training at Upper Hudson Planned Parenthood in Albany, NY. Ms. Carroll received her M.S.Ed. from the University at Albany in 2007 and brings over 10 years of experience working in various capacities in the field of public health.

### **Rachel Colon, LCSW**

#### *Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic*

Rachel Colon, LCSW, is a social worker who has been working with youth and families since 2004. In her current role as the Program Coordinator of Primary Care Social Work at the Mount Sinai Adolescent Health Center (MSAHC), Ms. Colon provides psychosocial assessments, short and long-term mental health therapy, and health education services to at-risk adolescents, focusing specifically on young people with histories of abuse and trauma within an interdisciplinary setting. Previously, Ms. Colon worked in a non-residential Domestic Violence program at STEPS to End Family Violence, a program of Edwin Gould Services providing trauma focused counseling to adult women and children. Ms. Colon is trained in Trauma Focused-Cognitive Behavioral Therapy, Child Parent Psychotherapy, Attachment Regulation and Competency (ARC), and other evidence based treatments. Ms. Colon supervises and trains social work students and psychology interns on the integration of behavioral health in the primary care setting. Ms. Colon has served on panels, conducted in-service trainings and facilitated workshops within the community on domestic violence and its impact on families. Ms. Colon has a Master of Social

Work degree from Fordham University and a Bachelor of Arts in Forensic Psychology from John Jay College of Criminal Justice.

### **Elizabeth Day, PhD**

#### *Tools and Tips for Working with Local Policy Makers*

Elizabeth Day is Assistant Director for Policy Engagement for [Cornell Project 2Gen](#) and an Engaged Learning Associate with the [Cornell Institute for Public Affairs](#). Her research focuses on bridging research and policy, with a particular focus on adolescent well-being and family policy at the state level. Elizabeth has extensive experience working at the intersection of research and policy; prior to joining the BCTR, she worked as a Congressional Policy Fellow in the United States Senate and, as a graduate student, co-lead a qualitative study of over 150 state legislators. She has led a range of trainings on bridging research and policy to faculty, professionals, and policymakers, and teaches a graduate-level course each spring that culminates in an event bringing together faculty and policymakers in Albany. Along with this work, Elizabeth works closely with community organizations who are interested in infusing research into their parenting education and two-generation programs that support caregivers and youth together. Elizabeth received her Ph.D. in Human Development and Family Studies from Purdue University.

### **Christine Dehlendorf, MD, MAS**

#### *Measuring Performance to Advance Patient-Center Contraceptive Access and Autonomy*

Dr. Dehlendorf is an Associate Professor in Residence at the University of California, San Francisco, with appointments in the Departments of Family and Community Medicine, Obstetrics, Gynecology and Reproductive Sciences, and Epidemiology and Biostatistics. She is a family physician with advanced training in family planning and a master's degree in Clinical Research. Her research program investigates disparities in contraceptive use and contraceptive counseling, including studies examining the relationship of patient race/ethnicity and socioeconomic status with variation in health care providers' recommendations for contraceptive methods and with the quality of contraceptive counseling.

### **Marisol De Leon**

#### *Language Matters*

Marisol De Leon is currently an Extension Support Specialist and Trainer with the ACT for Youth Center for Community Action at Cornell's Bronfenbrenner Center for Translational Research. She provides technical assistance and training to the health educators focused on adolescent sexual health and development as well implementation of evidence-based intervention New York City and other parts of New York State. Prior to her work with ACT Marisol has worked as health educator and impacted the lives of many by facilitating workshops, providing resources and information to over 18,000 NYC youth seeking sexual health guidance. Marisol holds a bachelor's degree of Science in Health Education from Lehman College. She is a Certified Health Education Specialist and is pursuing a master's degree in professional studies at Cornell University School of Industrial Labor Relations.

### **Angela Diaz, MD, PhD, MPH**

#### *Youth with a History of Childhood Trauma and the Compounding Effect of the COVID-19 Pandemic (Keynote)*

#### *Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic (Workshop)*

Angela Diaz, MD, PhD, MPH is the Jean C. and James W. Crystal Professor of Pediatrics and Environmental Medicine and Public Health at the Icahn School of Medicine at Mount Sinai. As Director of the Mount Sinai Adolescent Health Center, a unique program that provides comprehensive, integrated, interdisciplinary primary care, sexual and reproductive health, mental health, dental, optical and health education services to adolescents for free with an emphasis on wellness and prevention. Under her leadership, the Center is the largest adolescent-specific health center in the U.S., serving yearly more than 12,000 vulnerable and disadvantaged youth, including sexually exploited and trafficked youth. Dr. Diaz served as a White House Fellow in 1995, where she examined health care policies in the U.S. Territories in the Pacific and the Caribbean. She has been involved in issues of international health,

as well as advocacy issues and policy in the U.S. Her research has covered adolescent sexual and reproductive health, teen pregnancy prevention and childhood abuse and neglect. Dr. Diaz is a member of the Institute of Medicine and served on the IOM Committee on Preventive Services for Women.

### **Jutta Dotterweich, MA**

#### *How is COVID-19 Impacting the Emotional Well-Being of Adolescents?*

Jutta Dotterweich, MA, is the Director of Training and Technical Assistance for the ACT for Youth Center for Community Action at Cornell's Bronfenbrenner Center for Translational Research. Her work has centered on training and curriculum development in community collaboration, positive youth development, youth engagement, implementation of evidence-based programs and adolescent sexual and mental health.

### **Angela M. Douglas**

#### *Power of Accountability: Becoming Anti-Racist and Eliminating Oppression in Our Work*

Angela M. Douglas currently serves as the Co-Executive Director of Vera House leading strategic planning and execution, organizational, leadership development and change management in order to increase capacity, deconstruct social norms that maintain sexual assault, domestic violence and oppression, while advocating for systemic change to end violence and abuse. She has a diverse career experience ranging from education, juvenile justice, alternative dispute resolution through nonprofit leadership. She has a passion for people and their development both personally and professionally. Angela has been designing curricula, training and educational programs for more than 30 years. She holds several training certifications and is a sought-after speaker due to her dynamic and engaging style. Angela is able to take difficult concepts and bring them into relevance with humor and simplicity. She believes that success is found in doing the required personal work in order to make the greatest professional impact. Angela has also been an independent consultant for over 25 years providing infrastructure design/support, capacity building, board development and leadership to start ups through mature organizations. She has keen skill in program development and process management. Angela serves on the boards of New Justice Services, CancerConnects and as Board President and CEO of ACTS (Alliance of Communities Transforming Syracuse). She is also currently the Chair of the Survivors Network that determines to provide voice, presence and action for all of those that have experienced sexual, domestic and other forms of violence. Faith based organizing to impact social justice is critical and a deep calling for her. Angela continues to support, champion and call for accountability among dominant culture organizations and systems in order to be a catalyst for healing and transformation. She resides in Syracuse, New York and values time with her husband, adult children, their spouses and grandchildren.

### **Vincent J. Felitti, MD**

#### *Best Practices and Next Steps: Working with ACE-Impacted Clients (keynote and workshop)*

A renowned physician and researcher, Dr. Vincent J. Felitti is one of the world's foremost experts on childhood trauma. Leading the charge in research into how adverse childhood experiences affect adults, he is co-principal investigator of the Adverse Childhood Experiences (ACE) Study, a long-term, in-depth analysis of over 17,000 adults. This study revealed a powerful relationship between the emotional experiences as children and physical and mental health as adults. Dr. Felitti is also the founder of the Department of Preventive Medicine for Kaiser Permanente and has served as the chief of preventive medicine for over 25 years. Under his leadership, the department has provided comprehensive medical evaluations to 1.1 million individuals, becoming the largest single-site medical evaluation facility in the United States. Dr. Felitti's health risk abatement programs incorporate weight loss, smoking cessation, stress management, and a wide range of cutting-edge efforts to reduce patient risk factors.

Dr. Felitti is a Clinical Professor of Medicine at the University of California, and a Fellow of the American College of Physicians. He is currently Senior Editor of The Permanente Journal, and on the International Editorial Board of the Swiss medical journal, Trauma und Gewalt. Dr. Felitti has served on advisory committees of the Institute of Medicine, the American Psychiatric Association, the Committee of the

Secretary of Health and Human Services for Healthy People 2020, and the Advisory Committee on Women's Services at SAMHSA. A noted expert on the genetic disease hemochromatosis, as well as obesity, he educates audiences around the country on these two very common, deadly maladies.

### **Dana Fleitman, MA, EdHD**

#### *Know More, Do More: Recognizing and Responding to Stalking*

Dana Fleitman is the Associate Advisor of the AEquitas Stalking Prevention, Awareness, and Resource Center (SPARC). As an Associate Advisor with SPARC, she develops resources and publications on stalking, as well as providing training and technical assistance. Prior to joining SPARC, Dana was the Senior Manager of Prevention and Training Programs at Jewish Women International (JWI), the leading Jewish organization working to end violence against all women and girls. Her work at JWI included creating, delivering, and managing multiple educational programs on interpersonal and sexual violence for audiences ranging from teens to professionals in the field. Her programs included Safe Smart Dating (an award-winning co-ed workshop on sexual assault and dating abuse for college students), Dating Abuse: Tools for Talking to Teens (a bystander intervention program empowering adults to have successful conversations with young people) and Boy to Mensch (an OVW-funded program that engages young men on issues of violence against women in the Orthodox Jewish community of Baltimore). She also wrote and supported federal and foundation grants, coordinated a monthly webinar training program, and presented at the 2016 End Violence Against Women Conference in Washington, D.C.

Dana's prior experience includes coordinating training and technical assistance for the HHS Office of Adolescent Health teen pregnancy prevention grantees. She also has direct service experience with groups including foster teens, refugees and recent immigrants. Dana graduated from American University with a Bachelor of Arts in International Studies and George Washington University with a Master of Arts in Education and Human Development. She is based in Washington, D.C.

### **Ann-Margret Foley, MSW**

#### *Building the Evidence Base for Sexual Violence Prevention: Lessons Learned from the Brothers as Allies Program*

Ann-Margaret is the Director of the Sexual Violence Prevention Unit within the Bureau of Women, Infant, and Adolescent Health at the New York State Department of Health. She is Co-PI on the Brothers as Allies Study, and currently serves as the NY Rape Prevention Education Program Director.

### **Clare Friedrich, MA, CLC**

#### *Best Practices in Facilitating Virtual Support Groups*

Clare Friedrich, MA, CLC, is the Project Director for the Improving Health Equity and Maternal and Infant Outcomes (MIH) project at CAI in New York City. The MIH project, funded by the NYC DOHMH, brings together 21 agencies across New York City in a collaborative learning process to deliver intensive interventions to neighborhoods with the greatest disparities in maternal and infant health outcomes. Her work has focused on health education, group care models, lactation support, and advocacy work to expand Medicaid coverage, including midwifery and doula care.

### **Susan Green, LCSW**

#### *Integrating Trauma-Informed Care into Organizations: What are the Steps?*

Susan A. Green, LCSW, is currently a clinical professor at the University at Buffalo School of Social Work. She is certified as an EMDR therapist and certified in Advanced Critical Incident Stress Management and Trauma-Focused Cognitive Behavioral Therapy. Susan teaches or has taught courses in social work interventions with children, adults, families, groups and communities; trauma theory and treatment; risk and resilience; and diversity. She is committed to the integration of theory with practice as she combines full-time teaching and training with clinical practice. Susan has been working with various groups and individuals for more than 20 years as both a special educator and social worker.



### **Katie Grudens**

#### *Tracing Trauma: Transforming Your Physical and Mental Space*

Katie Grudens is the Community Educator at VIBS where she creates and facilitates workshops for professionals and students, manages VIBS social media and website and creates all branded communications materials for the agency. Ms. Grudens has had previous experience in communications and in the mental health field, both academically and professionally, and is passionate about spreading the word about VIBS services to the community.

### **Leah Hines, MPH**

#### *Making the Case to Build Community Wealth, Strengthen Resilience and Prevent ACEs*

Leah is a Research Scientist in the Bureau of Occupational Health and Injury Prevention. Leah joined the New York State Department of Health in 2011 after graduating from the University at Albany's School of Public Health's MPH program, with a concentration in Epidemiology. In addition to her data management and analyses work, she is the Program Manager for the New York Violent Death Reporting System and the State Unintentional Drug Overdose Reporting System, both of which are funded by the CDC, and Integrating Single and Polysubstance Impaired Driving Data into the Crash Outcome Data Evaluation System (CODES), which is a motor vehicle safety grant funded by the Governors Traffic Safety Committee.

### **Jessica Holli, MS**

#### *Do you communicate with patients and partners? You need a communication plan!*

#### *Using Technology and Social Media to Improve Your Outreach during COVID-19 and Beyond*

Jessica Holli, MS has a background in social marketing, digital marketing, and multi-channel design. She has worked on a broad range of health topics including HIV, chronic disease, and tobacco prevention, and nutrition. She is deeply interested in using new digital tools for good. Jessica has an MS in health communication from Tufts University School of Medicine.

### **Andrés Hoyos, MS, LCSW**

#### *Immigration and Trauma: Before, During and After*

Andrés brings over two decades of clinical and administrative experience in the fields of mental health and social services working in private, public and non-profit sectors. Their expertise lie in the areas of direct clinical practice, program development, training and supervision through a social justice lens with particular emphasis on psychedelic integration psychotherapy, substance use, immigration, political asylum, trauma, and working with transgender, queer, lesbian, bisexual and gay communities. Hoyos does faculty advising and teaches in the MSW programs at Smith College, NYU and Columbia University. They have provided faculty advising for over 10 years and have lectured nationally and internationally on issues of trauma, recovery and resilience, mental health and wellbeing, community organizing and advocacy. Hoyos provides integrative psychotherapy in their private practice in New York City and online, and currently facilitates training, participates in community organizing, and advocacy for diverse communities in Guatemala, Colombia and the US.

### **Priti Irani, MSPH**

#### *Making the Case to Build Community Wealth, Strengthen Resilience and Prevent ACEs*

Priti Irani helps with implementation of the Prevention Agenda, the state health improvement plan, and works with Office of Addiction Supports and Services (OASAS) and Office of Mental Health (OMH) on one of the five priorities which is "Promote Well-Being and Prevent Mental and Substance Use Disorders". She was part of the collaborative team that wrote "Understanding and Responding to Adverse Childhood Experiences (ACEs) in New York State" based on the 2016 Behavioral Risk Factor Surveillance System (BRFSS) data. She also coordinates the review of all community health improvement plans submitted by 58 local departments, and 160+ hospital/hospital systems to advise on ways to strengthen ways to improve community health of the. One area of emphasis in the Prevention Agenda is to promote equity by building community resiliency for all through interventions related to community wealth building and integrating ACEs. Priti is the state Healthy People coordinator and has over 30 years'

experience as public health practitioner. She has a MSPH (Master of Science in Public Health) degree from the University of Massachusetts in Amherst and a MS, Biochemistry from MS University, Baroda, India.

### **Marilyn A. Kacica, MD, MPH, FAAP**

#### *Maternal Mortality in New York State*

Dr. Kacica is the Medical Director of the Division of Family Health at the New York State Department of Health (NYSDOH) and a Clinical Professor of Epidemiology and Biostatistics at the University at Albany School of Public Health. Dr. Kacica is a Pediatrician with subspecialties in Infectious Disease and Preventive Medicine. Dr Kacica leads the New York State Perinatal Quality Collaborative, the Maternal Mortality Review Initiative and participates in policy, program planning and evaluation for the Title V program addressing the needs of NYS's maternal and child health populations.

### **Corbin Knight-Dixon, MS**

#### *Maintaining Access to Contraceptive Services during COVID-19: Changes, Challenges, and Innovative Solutions*

#### *Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens*

Corbin Knight-Dixon, MS, is the New York State Director of Sexual Violence Prevention Training Center at CAI. He has spent over a decade developing and delivering innovative programs that address key equity issues related to sexual violence and sexual and reproductive health. Prior to joining CAI, Mr. Knight-Dixon managed training and organizational capacity building projects for Planned Parenthood of New York City focusing on improving sexual and reproductive health outcomes.

### **Erin Knoerl, MPH**

#### *Center for Community Health Racial Justice Initiative: Theory and Practice*

Erin is the Oral Health Unit Manager for the New York State Department of Health's Bureau of Child Health and the Project Manager for the Department's Grants to States to Support Oral Health Workforce Activities grant from the Health Resources and Services Administration. She is responsible for managing and overseeing projects and activities for community-based initiatives related to improving oral health across the life span, including school-based sealant programs and community water fluoridation. Ms. Knoerl has worked with internal and external stakeholders to address the oral health workforce in New York State through innovative programming for both medical and dental providers.

### **Samantha Koury**

#### *Integrating Trauma-Informed Care into Organizations: What are the Steps?*

Samantha is currently the project manager at the Institute on Trauma and Trauma-Informed Care at the University of Buffalo, as well as a trainer and consultant on various projects. She is a graduate of the University at Buffalo School of Social Work and has experience working with staff in different agencies, organizations and systems to become more trauma-informed in their work. Samantha is passionate about increasing awareness of trauma and re-traumatization and helping organizations and systems plan for, implement and sustain trauma-informed culture change.

### **Taryn Kutujian**

#### *Tracing Trauma: Transforming Your Physical and Mental Space*

As Community Education Manager for VIBS, Taryn coordinates with schools, professional organizations, nonprofits and other agencies by raising awareness about the mission of VIBS through community outreach. A former AmeriCorps VISTA, Ms. Kutujian specializes in program development, virtual learning and volunteer coordination. Ms. Kutujian is a licensed social worker and has experience working with community members from all walks of life.

**Brita Loeb, LMSW***Creating Healing-Centered Workplaces for Staff and Clients*

Brita Loeb, LMSW, is a Curriculum and Technical Assistance Specialist for Trauma-Informed Care Initiatives at CAI Global, Inc. In this role, she designs and develops healing-centered curricula, webinars, and e-courses as well as provides technical assistance to agencies working on trauma-informed care initiatives. Before joining the CAI team, Brita founded Designing Healing, a consulting agency re-imagining spaces through trauma-informed, healing-centered, and equitable design approaches and aesthetics. Brita is on the Steering Committee for Trauma Informed LA, a grassroots organization fostering resilient communities that promote healing and wellbeing through collaboration, education, and community engagement. In her free time, she volunteers with the Crisis Text Line.

**Michele Luc***Makin' It Work: Incorporating a Trauma-Informed Approach in Evidence-Based Programs*

Michele Luc is a facilitator and youth development specialist who currently works at Cornell University Cooperative Extension in NYC. She is part of the ACT for Youth Center for Community Action where she provides training and technical assistance in the area of sexual health education to youth-serving organizations throughout the state. She possesses a MS from Columbia University School of Social Work and a BS in Social Work from New York University.

**Mary Maley, MS***Building the Evidence Base for Sexual Violence Prevention: Lessons Learned from the Brothers as Allies program*

Mary Maley, MS, is Director of Research Synthesis and Translation in the Bronfenbrenner Center for Translational Research and the ACT for Youth Center for Community Action at Cornell. She leads the implementation of the Brothers as Allies study.

**Eric McGriff***Diving into Complexity*

Eric McGriff (he/him) began working in gender-based violence prevention as a co-chair of his high school's White Ribbon Campaign to engage men and boys in ending violence against women and girls, and has been in the violence prevention field, ever since. He has gained a background in, among other areas, engaging men and boys, supporting K-12 schools and college campus populations, facilitating groups for men who've caused harm, and serving on coalitions and task forces charged with planning and implementing community-level strategies for the prevention of, and response to, gender-based violence. McGriff also has a background as a spokesperson, facilitator, and trainer working with the United Nations on various initiatives geared toward promoting gender equity and curbing the rates of violence and extremism across the globe. His prevention framework, which incorporates humble inquiry as a way to close the gap between facilitation and evaluation, guides Eric in his work to support underserved communities among a diverse, global constituency of partners. Currently, Eric is the Prevention Coordinator at the Crime Victims Treatment Center (CVTC), in New York City, where he oversees CVTC's prevention programming with college campuses, K-12 schools, NYC's nightlife community, and underserved communities across NYC, as well as supports community-level approaches to enhancing gender-based violence prevention and response.

**Tamaé Memole***Building Resilient Communities*

Tamaé Memole brings 20 years of experience in the not-for-profit and government sectors to her work as the Director of Program Development with Prevent Child Abuse New York. She is a nationally certified trainer for the Protective Factors Framework. Most recently she was the Deputy Director for NYS for Council for a Strong America where she worked with law enforcement leaders, general officers and business leaders to leverage their voices in support of policy change to strengthen outcomes for children. Tamaé worked for United Way where she coordinated and directed activities in their priority area of Education. Utilizing a community impact approach, she worked with business, government, not-



for-profit, and community leaders in the Capital Region to develop effective shared strategies and mobilize resources to address critical issues in education. Tamaé spent several years with Catholic Charities of the Diocese of Albany. She provided supervision and oversight for all programs serving children and youth in Albany County. She developed programs to support children and youth involved in prevention services by working closely with partner agencies, schools and non-secure detention residences in the county. She was an active member of the Albany County Prevention Coalition, working to better coordinate and align communication, services and policies among the multiple agencies touching the lives of the at-risk children and families in Albany County. She also worked for New York State as the Director of Labor for the New York State Senate, as well as a human services budget analyst for the New York State Legislature. Tamaé's Master's Degree is in Special Education and she began her career as a pre-school special education teacher.

### **Anne Nucci-Sack, MD**

#### *Building an Organizational Culture that is Trauma Informed and Healing-Centered and the Necessary Redesign during the COVID-19 Pandemic*

Dr. Anne Nucci-Sack is a board certified Pediatrician / Adolescent Medicine specialist. Dr. Nucci-Sack earned her MD at New York Medical College and did her Pediatric residency training at Jacobi Medical Center and the Albert Einstein College of Medicine in New York. She then completed an Adolescent Medicine Fellowship at Montefiore Medical Center in New York. Dr. Nucci-Sack served as the Chief of Adolescent Medicine and the Associate Director of Pediatrics at Bronx Lebanon Hospital Center before joining the staff at the Mount Sinai Adolescent Health Center as the Medical Director. Dr. Nucci-Sack has over 30 years of experience (16 at MSAHC) providing clinical comprehensive care, and sexual and reproductive health services to inner-city adolescents. She is an expert clinician and clinician educator. Dr. Nucci-Sack has been recognized for her contribution to innovation in adolescent health care and she has contributed to publications on general adolescent health. Dr. Nucci-Sack holds the rank of Assistant Professor of Pediatrics at the Mount Sinai School of Medicine.

### **Eric Reyes, LMSW**

#### *Best Practices in Facilitating Virtual Support Groups*

Mr. Reyes is the Deputy Director of Mental Health and Trauma at CAI. He has experience managing projects such as the Behavioral Health Education Training and Technical Assistance Center (BHETTAC) which is a statewide initiative to improve the mental, emotional and behavioral health of people with HIV by providing training and technical assistance to increase engagement, adherence and retention into behavioral health care. Mr. Reyes has provided training and professional development to adolescents and adults related to contraception, STI's, HIV/AIDS, healthy relationships, mental health, trauma and cognitive-behavioral interventions. Mr. Reyes also serves as a LMSW practitioner on the Board of the New York State Social Work Education Association.

### **Elisabeth L Salner, LCSW, MPH**

#### *Through the Looking Glass: Recognizing Mental Health and Intimate Partner Violence through a Virtual Lens*

Elisabeth L Salner, LCSW, MPH is the project director of school-based health at CAI. In this role, her work centers on facilitating trainings and curriculum development on projects related to improving adult and adolescent sexual health outcomes, social and reproductive justice, trauma informed care, and client-centered care. She also provides technical assistance regarding improving maternal and infant health outcomes, evidence-based approaches to health education and outreach, and delivery of best practices in mental and sexual reproductive health for adolescents and young adults.

### **Keith Scott, MPP**

#### *ACE, Human Trafficking and Addiction Connection*

Keith Scott is the Director of Education for The Safe Center LI, a victim services agency dedicated to protecting, assisting, and empowering victims of family violence and sexual assault. Keith's role is to lead the education department in challenging and changing social norms that perpetuate abuse. He has

been featured on local and regional media outlets, speaking on the topics of domestic violence, trauma, sexual assault, and addiction. Keith is also an Adjunct Professor at Hofstra University, holds the title of Master Trainer in the child abuse prevention curriculum, Enough Abuse, and is a certified Survivor Advocate for survivors of sexual assault. Keith earned his master's degree in Public Policy from Stony Brook University, a bachelor's in Criminal Justice from Long Island University, and is a recipient of the 2020 Long Island Business News 30 under 30 award.

**Adoja S. Tettah, MA, CHES, CLC**

*Sexual and Reproductive Justice: What the Framework Challenges Us to Do*

Adjoa S. Tetteh, MA, CHES, CLC, is a Project Director, Senior Trainer and Technical Assistance Specialist at CAI. For almost 15 years, she has worked at the intersection of education, advocacy, and research within the field of sexual/reproductive health, rights, and justice. In her roles at CAI, she leads and provides support to the organization's portfolio of projects focused on increasing access to quality, evidence-based sexual and reproductive health services and achieving health equity. Prior to coming to CAI, she worked for 5 years at a federally qualified health center in NYC as a sexuality and breastfeeding educator, providing clinical and community education, serving as an advocate for her patients, and strengthening staff capacity and clinical systems.

**Angella Timothy**

*Center for Community Health Racial Justice Initiative: Theory and Practice*

Angella is currently the Associate Director for New York State Department of Health Center for Community Health (CCH). In this role she works with the Center's Director to oversee the administration of 4 Divisions: Epidemiology, Chronic Disease Control and Prevention, Nutrition and Family Health. Prior to joining CCH in 2019, Angella worked for Island Peer Review Organization (IPRO) and Public Consulting Group (PCG) in NYS Division of Health Care Innovation / Office of Quality and Patient Safety since 2016, where her main focus has been workforce transformation. Other positions she has held include Director of Public Health for Columbia County, Clinical Administrator at Syracuse Community Health Center, Chief Operating Officer and Vice President of Clinical Operations at Hometown Health Centers in Schenectady, and Associate Administrator, Our Lady of Mercy Medical Center now Montefiore Medical Center – North Division. Angella holds a Master of Science degree from New York University (NYU) Wagner School of Public Administration, majoring in Health Policy and Management. She also holds a Bachelor of Science degree from New York University Rory Myers School of Nursing, majoring in Nursing; and a certificate in Fundamentals of Public Health from SUNY / University at Albany.

**Janis Whitlock, PhD, MPH**

*Building the Evidence Base for Sexual Violence Prevention: Lessons Learned from the Brothers as Allies program*

Janis Whitlock, PhD, MPH, is a Research Scientist and Associate Director for the Bronfenbrenner Center for Translational Research at Cornell University. She serves as Co-PI on the Brothers as Allies Study, testing the efficacy of a strengths-based curriculum to reduce risk for future sexual violence perpetration among middle school boys.

# BWIAH PROGRAMS

---

## Adolescent Health Unit

### ***Program: Comprehensive Adolescent Pregnancy Prevention (CAPP)***

NYSDOH funds 48 community-based organizations for the CAPP initiative to reduce the risk of initial and repeat pregnancies, STDs and HIV among NYS adolescents. There are two components of the CAPP initiative. The first component focuses on the implementation of comprehensive sexual health evidence-based programs (EBPs) that have been proven based on scientific research to change behavior, such as delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth. The second component, (which is optional) strives to support and enhance adolescent's social emotional development and relationships, as well as promote home and community environments that support their health and safety. This may be achieved through creating opportunities while also providing the mentoring and support necessary for youth to practice life skills. Activities should focus on education, employment, life options, goals, self-esteem building for youth and include a youth development framework, which may be effective in supporting positive development.

### ***Program: Personal Responsibility Education Program (PREP)***

NYSDOH receives federal funding for the State PREP initiative. Federal requirements for PREP include the implementation of: 1) evidence-based programs (EBPs) that have been proven to delay sexual activity, increase condom or contraceptive use for sexually active youth or reduce pregnancy among youth and 2) activities or EBPs that address three or more adult preparation topics from a federally-approved list of subjects. PREP focuses on youth ages 10-19 who are homeless, in foster care, in the juvenile justice system, live in rural areas or in geographic areas with high teen birth and pregnancy rates, or come from racial or ethnic minority groups. The program also supports pregnant and parenting youth up to age 21 years.

### ***Program: Sexual Risk Avoidance Education Program (SRAE)***

NYSDOH received funding for the Title V Sexual Risk Avoidance Education Program from the U.S. Department of Health and Human Services Administration on Children and Families. The SRAE Program provides funding for 12 community organizations to focus on the use of evidence-based education, adult-supervised programs and parenting education as innovative strategies to promote abstinence from sexual activity and support a healthy transition to adolescence among early adolescent youth consistent with federal SRAE. The program focuses on youth ages 10-13 residing in priority populations and communities.

## Family Planning Unit

### ***Program: Comprehensive Family Planning and Reproductive Health Services Program***

The goals of the New York State Comprehensive Family Planning and Reproductive Health Program (NYSFPP) are to improve sexual and reproductive health and birth outcomes, partner with individuals to support their reproductive health goals, and reduce racial and ethnic disparities in sexual and reproductive health outcomes. Through a statewide network of 43 organizations that operate more than 150 family planning clinic sites, NYSFPP funded programs deliver high-quality, accessible, and free or low-cost reproductive health care services to people of reproductive age, with a focus on serving low-income, uninsured, and underinsured individuals. Services provided by NYSFPP include contraceptive services, pregnancy testing and non-directive options counseling, basic infertility services, sexually transmitted disease screening and treatment, related primary and preventive health services, health education, and referrals.

## **Maternal and Infant Health Home Visiting Unit**

### ***Programs: Nurse-Family Partnership and Healthy Families New York***

The Patient Protection and Affordable Care Act (ACA) of 2010 created the Maternal, Infant and Early Childhood Home Visiting Program (MIECHV), which is designed to improve health and development outcomes for at-risk children and families through evidence-based home visiting programs. MIECHV was reauthorized in 2018 under the Bipartisan Budget Act. In NYS, MIECHV funds home visiting programs that have demonstrated improvements in maternal and child health outcomes, Nurse-Family Partnership (NFP) and Healthy Families New York (HFNY), in communities with concentrations of premature birth, low-birth weight infants and infant mortality. State local assistance (SLA) funding also supports NFP through the Bureau of Women, Infant, and Adolescent Health (BWIAH). MIECHV funds nineteen programs (8 NFP, 11 HFNY) being implemented in nine counties across the state: Bronx, Dutchess, Erie, Kings, Monroe, Nassau, Onondaga, Schenectady, and Queens. In addition, SLA funding supports NFP programs in Chautauqua and Chemung counties.

## **Sexual Violence Prevention Unit**

### ***Program: Enough is Enough***

New York State passed the “Enough is Enough” statute in July 2015 and included funding to support services and expenses of rape crisis programs to provide or assist colleges/universities in providing sexual assault prevention, education, and victim services on college/university campuses. The Department of Health distributes this funding to 51 rape crisis and sexual violence programs to assist colleges/universities in their implementation of the Enough is Enough requirements. The contracts with the rape crisis and sexual violence programs include establishing partnerships with colleges/universities through formal MOUs or less formal partnership agreements, and delivering services and prevention education activities, including evidence-based and evidence-informed interventions, and the Safer Bars initiative, based on the needs of each campus.

### ***Program: Rape Prevention Education***

New York State’s Rape Prevention Education (RPE) program consists of 6 Regional Centers for Sexual Violence Prevention (Regional Centers). The Regional Centers are funded by the Centers for Disease Control and Prevention (CDC) (1.8 million) to implement evidence-based/informed primary prevention strategies in 17 counties in New York State (NYS) that had the highest average number of reported forcible rapes over a recent five-year period. NYS’s approach included the four CDC RPE program components: 1) identify and establish public/private partnerships that can provide technical assistance (TA) and support evaluation capacity of sub-recipients to facilitate and monitor the implementation of prevention program, practices and policies; 2) develop a state action plan for implementing approaches corresponding to the CDC focus areas; 3) develop and implement a state-level evaluation plan including identifying and tracking sexual violence indicators; 4) participation in CDC-sponsored program support activities. The RPE program has initiated four focus initiatives (Healthy School Communities, Healthy Nightlife Communities, Healthy Sports Communities, and Healthy Neighborhoods) in order to reach priority environments shown to experience a higher incidence of sexual violence. The primary prevention strategies implemented are focused at the community/societal level of the social ecological model in order to create a cultural shift toward social norms that create safe environments and reduce sexual violence victimization and perpetration.

## **Perinatal Health Unit**

### ***Program: Maternal and Infant Community Health Collaboratives (MICHC) Initiative***

The MICHC initiative seeks to improve maternal and infant health outcomes for high need, low income or Medicaid-eligible women and their families by supporting the development of multi-dimensional community systems of integrated and coordinated community health programs and services. MICHCs work to improve preconception, prenatal, postpartum, and interconception health of Medicaid-eligible women by working collaboratively with community partners to implement strategies to: find and engage Medicaid-eligible women and their families in health insurance, health care and other

community services; assess a woman's needs and risk factors and make referrals to appropriate services; coordinate services across community programs; and promote opportunities and supports for women to engage in healthy behaviors. MICHCs utilize Community Health Workers (CHW) to assist Medicaid-eligible women of reproductive age to effectively access continuous and coordinated health care and other needed community services responsive to their needs and risk factors. On a systems level, MICHC providers work with community partners in the health and social services arena to: assess resources, prioritize community needs and strengths; and implement community-level strategies to address the needs identified. Twenty-three MICHC projects were established via a competitive procurement in 32 high-risk communities across the state.