

PYD 101 Section 1: Resources & References

Resources

Positive Youth Development

Principles of Youth Development. *ACT for Youth Center of Excellence.*

http://www.actforyouth.net/youth_development/development/

Positive Youth Development Resources Manual. *ACT for Youth Center of Excellence.*

<http://www.actforyouth.net/publications/manual.cfm>

Adolescent Development

HealthyChildren.org: Ages & Stages. *American Academy of Pediatrics.*

<http://www.healthychildren.org/english/ages-stages/Pages/default.aspx>

Adolescent Development Toolkit. *PWT Risk and Thriving in Adolescence & ACT for Youth Center of Excellence.*

<http://www.actforyouth.net/toolkit>

The Teen Brain: Why Do Teens Act This Way? *Dr. Ken C. Winters, Center of Adolescent Substance Abuse Research, University of Minnesota.*

<https://www.youtube.com/watch?v=Aiy2bPVfHg8>

Identity Formation

Adolescent Identity Development. *ACT for Youth Center of Excellence.*

<http://www.actforyouth.net/adolescence/identity/>

Toolkit: Identity Development. *PWT Risk and Thriving in Adolescence & ACT for Youth Center of Excellence.*

<http://www.actforyouth.net/adolescence/toolkit/identity.cfm>

Risk Taking & Positive Risks

DoSomething.org: Explore Campaigns. (Take positive risks/get involved in a cause.)

<https://www.dosomething.org/campaigns>

WKCD.org: Resources for youth activism and civic engagement. *What Kids Can Do, Inc.*

<http://www.whatkidscando.org/resources/index.html>

Toolkit: Risk Taking. *PWT Risk and Thriving in Adolescence & ACT for Youth Center of Excellence.*

<http://www.actforyouth.net/adolescence/toolkit/risk.cfm>

Teen Data

U.S. Teen Demographics. *ACT for Youth Center of Excellence*.

<http://www.actforyouth.net/adolescence/demographics/>

Freeze Frame 2012. *National Campaign to Prevent Teen and Unplanned Pregnancy*.

<http://thenationalcampaign.org/resource/freeze-frame-2012>

Well-Being: 2010 Student Poll. *Gallup*.

<http://www.gallup.com/poll/141854/student-poll-grades-hopeful-engaged-thriving.aspx>

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<http://ecommons.library.cornell.edu/bitstream/1813/21945/2/PrinciplesYD.pdf>

Huitt, W. (2007). Maslow's hierarchy of needs. *Educational Psychology Interactive*. Valdosta, GA: Valdosta State University. <http://www.edpsycinteractive.org/topics/conation/maslow.html>

Konopka Institute for Best Practices in Adolescent Sexual Health. *The ten tasks of adolescence*.
http://osbhcn.org/files/Ten_Tasks.pdf

Lerner, R. M., & Benson, P. L. (Eds.). (2003). *Developmental assets and asset-building communities*. New York: Kluwer Academic/Plenum Publishers.

McNeely, C., & Blanchard, J. (2009). *The teen years explained: A guide to healthy adolescent development*. Johns Hopkins Bloomberg School of Public Health.
http://www.jhsph.edu/adolescenthealth/_includes/Interactive%20Guide.pdf