

Implementation Guidelines – Adult Identity Mentoring (Project AIM) - SRAE Initiative

Implementation Factors	Recommended	Possible Adaptations
Program characteristics	<ul style="list-style-type: none"> - 12 sessions (50 minutes each) - Developed to reduce sexual risk-taking behavior among low income youth 	<p>Annual license fee of \$2,000.00 (Other material costs including career game)</p> <p>Additional curricula available: Extended school edition (16 sessions) Spanish edition (12 sessions) http://www.chla.org/aim-service-center</p>
Educator Requirements	<ul style="list-style-type: none"> - This is a licensed program. Facilitators have to be trained by a licensed training team - 2 facilitators are needed to implement the program. 	<p>ACT for Youth has two licensed trainers. They will provide training and technical assistance.</p>
Target audience	<p>High risk youth (11-14) Originally evaluated with African American and Latino youth in 7th grade</p>	<p>Middle school age</p>
Group composition	<ul style="list-style-type: none"> - Mixed gender - Group size: 10-20 youth 	
Setting	<ul style="list-style-type: none"> - Youth friendly spaces such as recreation centers, out of school program sites - Can be done in school setting 	<p>In school settings lessons have to be adjusted to class periods. Sample master list with adjustment to classroom periods is available at: http://www.actforyouth.net/sexual_health/community/capp/resources.cfm</p> <p>Developer offers an extended school edition (16 sessions) http://www.chla.org/aim-service-center</p>
Delivery Timeframe	<p>All sessions are taught twice a week over approximately 6 weeks</p>	<p>Attendance expectation: Youth have to attend at least 9 out 12/13 sessions. If a youth misses sessions 5 and 6, he or she must make up those sessions before moving on with the other lessons. This can be done in a one-on-one session with the facilitator.</p>