**Problem-Solving Steps**

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| **Define the problem***Describe exactly what the problem is* |  |
| **Why is it a problem?***Questions to consider:**-Why is this so important to you?**-Why do you need this?**-What do you think might happen?**-What’s upsetting you?* |  |
| **Possible solutions***Brainstorm possible solutions; think broadly and write down as many possibilities as you can.* |  |
| **Select a solution***Evaluate the possible solutions; think about positive and negative factors and consequences.**Choose a solution that makes the most sense to you.* | **Positives Negatives** |
| **Implement the solution***Consider questions such as:**-****Who*** *will do what?**-****When*** *will they do it?**-****What*** *is needed to make it happen?* |  |
| **Evaluate the outcomes***Consider questions such as:**-What has worked well?**-What hasn’t worked so well?**-What could you/we do differently to make this work better?* |  |