**Module 1: Getting to Know You and Steps to Making Your Dreams Come True Cycle ID / Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Welcome and Program Overview |  |
| B: Talking Circle |  |
| C: Creating Group Agreements |  |
| D: Making Proud Choices! Be Proud! Be Responsible! Brainstorm |  |
| E: Brainstorming About Teens and Sex |  |
| F: Goals and Dreams Timeline |  |
| G: Brainstorming Obstacles to Your Goals and Dreams |  |

**Module 2: The Consequences of Sex: HIV Infection**

|  |  |
| --- | --- |
| **Activity** | **Notes** |
| A: Discussing HIV and AIDS |  |
| B: *The Subject Is HIV* DVD and Discussion |  |
| C: Myths and Facts About HIV |  |
| D: HIV Risk Continuum |  |

**Module 3: Attitudes About Sex, HIV & Condom Use**

|  |  |
| --- | --- |
| **Activity** | **Notes** |
| A: *The Hard Way* DVD and Discussion  |  |
| B: Calling Koko  |  |

**Module 4: Strategies For Preventing HIV Infections: STOP, THINK and ACT**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: STOP, THINK and ACT: Introduction to Problem Solving |  |
| B: Sean and Morgan Case Study:Problem Solving using STOP, THINK and ACT |  |
| C: *Nicole’s Choice* DVD and Discussion |  |
| D: The HIV/AIDS Game |  |

**Module 5: The Consequences of Sex: STDS NOTE: This module contains an optional activity. Please delete the activity that was NOT used.**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: STD Facts **OR**A: (Alternate) *The Subject Is STDs* DVD |  |
| B: The Transmission Game  |  |
| C: What I Think About HIV/STD and Safer Sex |  |
| D: Condom Use Skills  |  |

**Module 6: The Consequences of Sex: Pregnancy NOTE: This module contains an optional activity. Please indicate if the activity was NOT used.**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Myths and Facts About Pregnancy  |  |
| B: *(Optional) Tanisha & Shay* DVD |  |
| C: Birth Control Methods Demonstration |  |
| D: Agree/Disagree- Attitudes about Contraception |  |

**Module 7: Developing Condom Use and Negotiation Skills**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Condom Line-Up  |  |
| B: How to Make Condoms Fun and Pleasurable |  |
| C: Barriers to Condom Use/Condom Pros and Cons |  |
| D: “What to Say if My Partner Says…”: Responding to Excuses |  |
| E. Introduction to SWAT and Scripted Roleplays  |  |

**Module 8: Enhancing Refusal and Negotiation Skills**

|  |  |
| --- | --- |
| **Activity** | **Notes**  |
| A: Safer Sex Negotiation Skills and *Wrap it Up* DVD |  |
| B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays |  |
| C: Talking to Your Partner About Condom Use- Information Review |  |
| D: Talking Circle |  |