

Implementation Guidelines – Making a Difference! 5th Edition (2016)

Implementation Factors	Recommended	Possible Adaptations
Program characteristics	Eight 60-minute modules; use of student workbooks and multiple videos	A school edition is available; thirteen 40-minute sessions
Educator Requirements	<ul style="list-style-type: none"> -Educator needs to be skilled in interactive teaching strategies and guiding group discussions -Need to be comfortable with program content -One educator is needed. <p>Originally evaluated with adult or peer educators.</p>	Having a back-up educator is recommended.
Target audience	<p>12-14 year old youth, male and female</p> <p>Originally evaluated with African American males and females in urban setting</p>	Can be implemented with different ethnic/racial groups.
Group composition	<ul style="list-style-type: none"> -Small groups of 6 to 12 females/males -Ages 12 - 14 	<p>Can be done with larger groups.</p> <p>Larger groups in school may require additional educators.</p>
Setting	<p>Middle School or community settings</p> <p>Originally evaluated in Saturday school program</p>	If delivering the program in schools, modules must be adjusted to classroom periods, so additional sessions are required. Activities should not be dropped; sequence should not be changed.
Delivery Timeframe	<p>8 sessions over one to eight days.</p> <p>In community settings:</p> <ul style="list-style-type: none"> - One day for approximately 8 hours - 2 days – 4 hrs per day <p>In schools:</p> <ul style="list-style-type: none"> - 4 days – 2 hrs per day - 8 days – one hour per day 	<p>Modules can be spread out over several days, but the cycle should be completed within a 3-week period.</p> <p>Planning tip: Learn the school calendar and use it to plan implementation.</p>