

Virtual Professional Development

Districts can supplement in-person training with online, on-demand practice in the virtual classroom simulator designed to help educators rehearse and refine a variety of skills needed to effectively teach sexual health education. Advocates for Youth offers the follow sex education core skills for practice:

	High	Middle	Elementary
1. Creating Inclusive Classrooms for LGBTQ+ Youth	X	X	X
2. Creating Inclusive Classrooms for Transgender and Gender Expansive Students	X	X	X
3. Answering Difficult Questions	X	X	X
4. Personal Comfort When Teaching Sexuality Education		X	X
5. Managing Students' Values When Teaching Sex Education	X	X	
6. Managing Personal Boundaries and Disclosure	X	X	
7. Conducting Effective Condom Demonstrations	X	X	
8. Adapting Lessons for LGBTQ+ Students	X	X	
9. Adapting Lessons for Transgender and Gender Expansive Students	X	X	
10. Culturally Responsive Instruction When Teaching Sexuality Education	X	X	
11. Using Medically Accurate Terms When Teaching Sexuality Education	X	X	X
12. Building Rapport With Students	X	X	X
13. Tailoring Lessons to Meet Age and Developmental Levels	X	X	
14. Trauma-Informed Sex Ed	X	X	
15. Student Centered Learning When Teaching Sex Education	X	X	X
16. Climate Setting When Teaching Sex Education	X	X	X

Research has shown that each educator needs three 10-minute practice sessions per skill in the simulator. Advocates can provide an instructional coach to offer real-time feedback in the classroom simulator and/or to provide on-going technical assistance and follow-up support. Additionally, educators can use the simulator individually or in trios. There is greater impact if educators rehearse their skills individually, but for large districts and/or limited budgets, teachers can be grouped into trios to rehearse the same skill and observe their colleagues' rehearsal as well.

Advocates for Youth Training & Support Menu	
Hourly rate for utilizing the virtual classroom that includes an expert sexuality educator who can provide feedback and coaching for participants along with facilitating the session.	\$350 per hour