

Ecto Gammam:

TEACHING AFFIRMATIVE CONSENT

HEATHER WYNKOOP BEACH

ACT FOR YOUTH

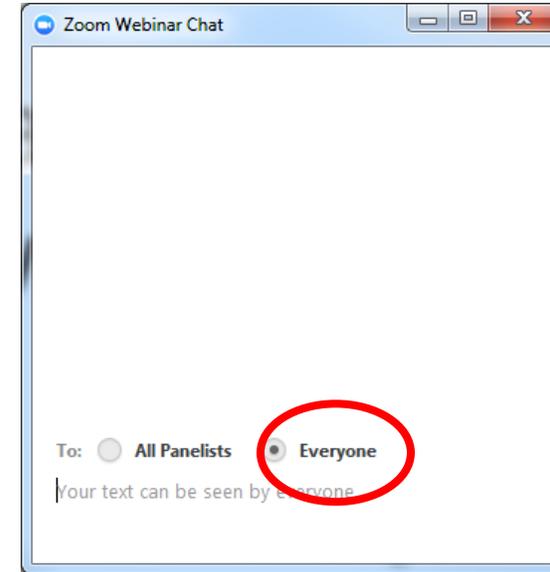
MARCH 5, 2019

Housekeeping



Experiencing delays?

Try closing out the other programs running on your computer



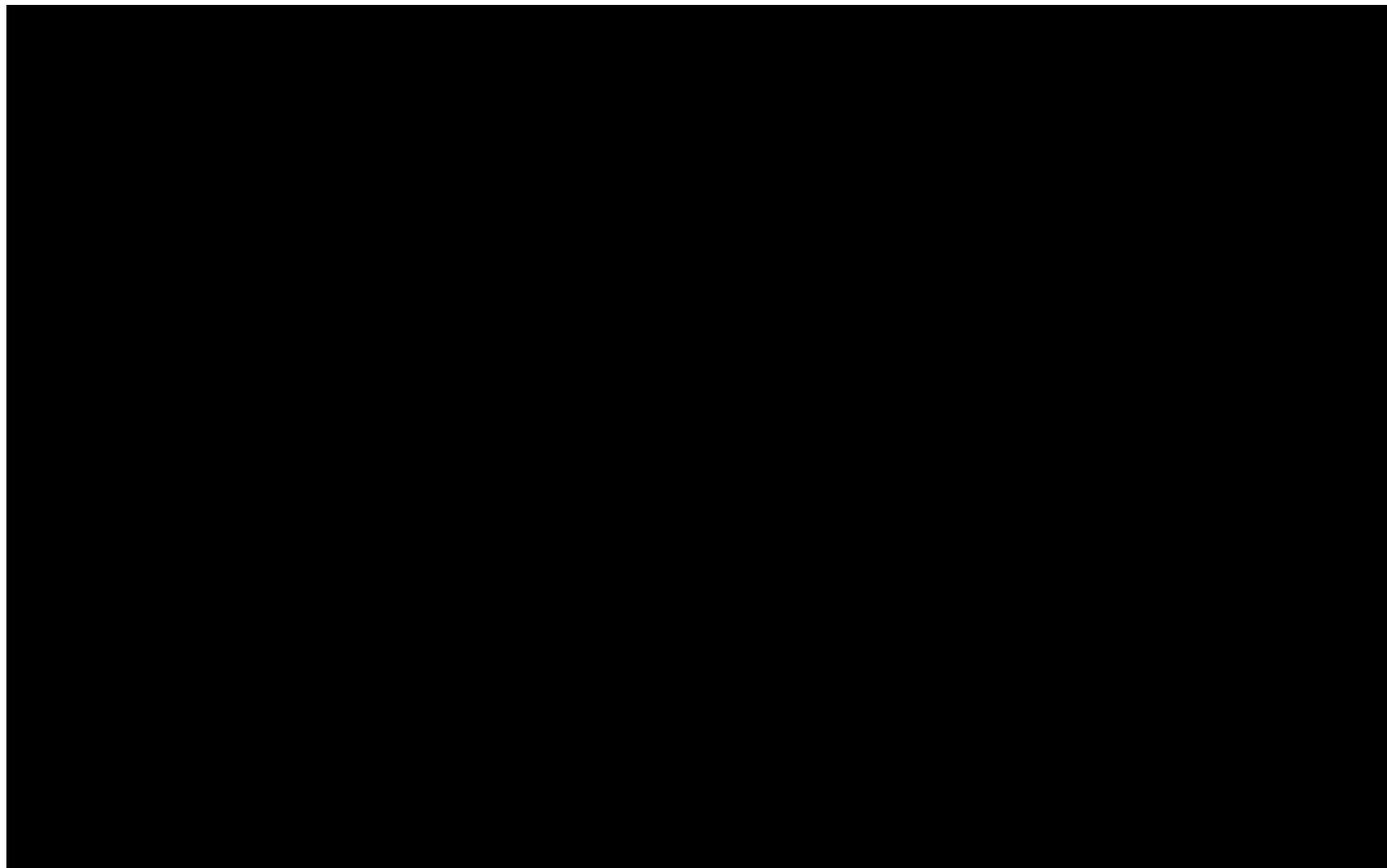
Questions/comments

?

Use chat function.

Post to Everyone.

“Never without my permission...”



Agenda

- CONSENT BASICS
- EBP'S
- RESOURCES

Basics: What is Affirmative Consent?

- ▶ “Affirmative consent is a knowing, voluntary, and mutual decision among all participants to engage in sexual activity. Consent can be given by words or actions, as long as those words or actions create clear permission regarding willingness to engage in the sexual activity. Silence or lack of resistance, in and of itself, does not demonstrate consent. The definition of consent does not vary based upon a participant's sex, sexual orientation, gender identity, or gender expression.” ~SUNY
 - ▶ Can be withdrawn at any time
 - ▶ Prior consent does not constitute continued consent
 - ▶ Cannot be given when it is the result of any coercion, intimidation, force, or threat of harm
 - ▶ Cannot be given if person is incapacitated, including from intoxication or overall ability

F.R.I.E.S.

- ▶ Freely given
- ▶ Reversible
- ▶ Informed
- ▶ Enthusiastic
- ▶ Specific

Things to consider

- ▶ Educator Preparedness
- ▶ Stand alone session
- ▶ Integration in to EBP

Educator Preparedness

- ▶ Have you considered what consent means to you personally?
- ▶ Be mindful of triggers for not only your students, but yourself and co-facilitator.
- ▶ Become familiar with materials prior to session so it flows.

Integrating into EBP

- ▶ Includes language updates
- ▶ Additions to activities
- ▶ Adaptation request/Master list modification required

Stand alone session

- ▶ Done before or after EBP implementation (extra session needed)
- ▶ Does not need adaptation request
- ▶ Does not need to be a specific session.
- ▶ If done prior to cycle that is surveyed, please note it in ORS notes.
- ▶ Should still integrate into EBP's to reinforce messages
 - ▶ Adaptation request/Master List modification required

Integrating into EBP's

- ▶ Discussing Condoms and Condom Use Skills
 - ▶ Remind them that before checking the expiration date, they should be talking to their partner and making sure they both consent.
- ▶ Condom Line up
 - ▶ Add a consent card
- ▶ What to Say if my Partner Says
 - ▶ Discuss that while this activity is specific to excuses partners may give to not use a condom, the discussion that should have happened before was whether both parties want to have sex, and the boundaries.
- ▶ Role Plays
 - ▶ Additional debrief questions

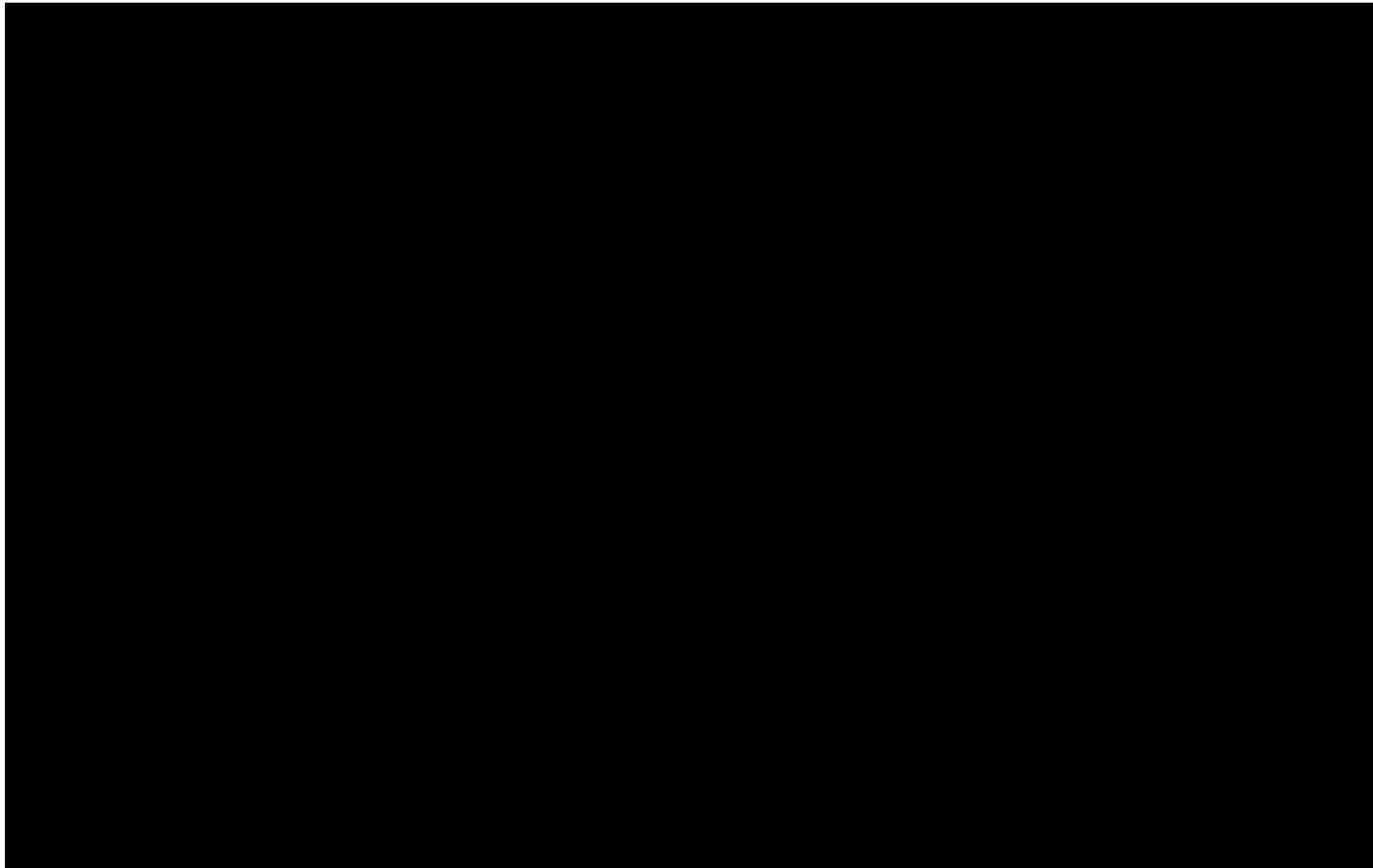
Integrating into EBP's

- ▶ Ground Rules
- ▶ Transmission Game
- ▶ Calling Koko

Stand alone session

- ▶ Pre-written session available from multiple sources
- ▶ Videos encouraged!
- ▶ Leave time for debrief and discussion
- ▶ And yes, role plays!

Ask. Listen. Respect.



From “How to Teach Teens About Love, Consent and Emotional Intelligence”

- ▶ In one class, students watched and analyzed a sex scene from the movie “Super Bad.” One student said that activity opened up his eyes to how media can alter our perception of reality.
- ▶ “When I watch movies, I usually don't think in my head if it's consensual or not, I just go with it, but looking back on it, I'm like, ‘*Oh wait, that's not consensual, I don't know why he's doing that,*’” he said. “You got to be taught those things, you can't just be influenced by the things you see in the movies, you need to learn about it in real life.”

One Day At a Time

PARTS 1 AND 2

Resources and Articles

- ▶ **Driver's Ed for the Sexual Super Highway: Navigating Consent (Aimed at young people)**
 - ▶ http://www.scarleteen.com/article/abuse_assault/drivers_ed_for_the_sexual_superhighway_navigating_consent
- ▶ **How to Teach Teens About Love, Consent and Emotional Intelligence**
 - ▶ <https://www.kqed.org/mindshift/50518/how-to-teach-teens-about-love-consent-and-emotional-intelligence>
- ▶ **ETR Associates “Teaching Affirmative Consent” -Gain specific strategies for facilitating and championing a culture of consent.**
 - ▶ Online training: 99\$; Includes copy of “Teaching Affirmative Consent”
<https://www.etr.org/live-virtual-trainings/affirmative-consent-live-virtual-training/>
 - ▶ Offers stand alone session

Lessons

- ▶ Planned Parenthood Lesson on Consent
 - ▶ https://www.ifpa.ie/sites/default/files/documents/Reports/teaching_about_consent_healthy_boundaries_a_guide_for_educators.pdf
 - ▶ https://www.nsvrc.org/sites/default/files/elearning_lessonplan_plannedparenthood_using-consent-videos-to-model-respect-communication.pdf
- ▶ Power Up, Speak Out!
 - ▶ <https://powerupspeakout.org/>
- ▶ Teach Consent Video and Discussion Guide
 - ▶ <http://www.teachconsent.org/facilitators>

Videos

▶ Tea and Consent

- ▶ “Clean” <https://vimeo.com/128105683>
- ▶ Original <https://www.youtube.com/watch?v=oQbei5JGiT8>
- ▶ Spanish <https://www.youtube.com/watch?v=NXfcbrET9LA>

▶ Ceviche

- ▶ <https://www.youtube.com/watch?v=IUxUsJ36jQA>

▶ Can I have this phone?

- ▶ <https://www.youtube.com/watch?v=laMtr-rUEmY>

▶ Grown-ish Season 2, Episode 7

- ▶ https://www.youtube.com/watch?v=-x5Gqttz_KY (This is the clip of the episode. It just aired, so full episodes not available on youtube, but they are on hulu and amazon prime if you have it)

Videos

- ▶ Cycling through consent
 - ▶ <https://www.youtube.com/watch?v=-JwIKjRaUaw>
- ▶ Consent Explained Amaze.org
 - ▶ <https://www.youtube.com/watch?v=5vmsfhw-czA>

Video: Can I have this phone?

